



College Autism Peer Support (CAPS)	Program Description
<p>Program Facilitator: Dr. Sara Vazquez</p> <p>Day: Wednesday</p> <p>Time: 6:00 – 7:30 PM</p> <p>Dates: 1/29/2025 – 5/7/2025 (14 weeks)</p> <p>Location: Group meetings will occur at the Hussman Center on Wednesday evenings. Further information will be shared after sign-ups are confirmed.</p> <p><b>Program Cost: \$1050.</b> This price includes weekly group meetings in addition to weekly one-hour individual peer mentoring.</p> <p>Fees for additional support services vary depending on the complexity and need for staff involvement.</p> <p>This is a 14-week program that runs throughout the semester.</p> <p><i>CAPS Program Financial Aid is Available through the Lisa Higgins Access for All Fund</i> <a href="#">Please click here to fill out the online application</a></p>	<p>The College Autism Peer Support (CAPS) program is for registered Towson University students on the autism spectrum who are looking for additional support to help them achieve success. This program includes regular group meetings and individual peer mentoring. Once a week, CAPS students and their peer mentors meet in a large group to provide one another with mutual support and to facilitate a strong sense of community. Under the guidance of professional staff, CAPS students and peer mentors choose topics to discuss, plan events and activities, and share skills and strategies to help them succeed at Towson University. Each CAPS student is paired with a peer mentor who is also a Towson University student. The mentor and mentee spend one hour a week together on campus to continue working on goals, acclimating socially, and accessing campus resources. Through this blend of weekly group meetings and individual peer mentoring, a wide range of issues and challenges can be addressed, including but not limited to utilizing personal strengths, navigating campus, balancing academic and other responsibilities, understanding, and engaging in social aspects of campus life, advocating effectively, and planning post-college life. Please contact <a href="mailto:hcaa@towson.edu">hcaa@towson.edu</a> if you're interested or have questions about CAPS programming.</p> <p><i>CAPS students need to be strongly motivated to participate to get the most this program has to offer.</i></p>