

While employees reserve the right to treat with a medical provider of their choice, not all medical providers accept patients who are injured at work.

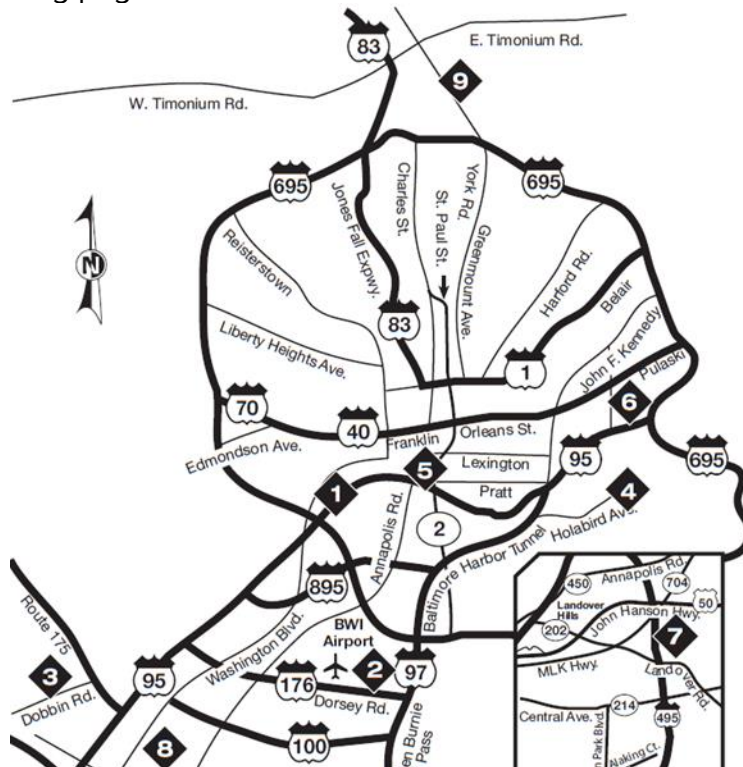
For non-life-threatening injuries, employees can seek treatment at Concentra, an occupational health care company.

Simply show your OneCard as proof of employment and take advantage of the following services:

1. No copay
2. X-rays and other diagnostic tests can be performed on site
3. Shorter wait times than most other urgent care facilities or the ER
4. Medical care bills are sent directly to our Workers' Compensation carrier
5. Employees may treat at any Concentra location

Employees who treat at other medical care facilities and are unable to work must follow-up the next day possible with Concentra. Our Workers' Compensation carrier may also require periodic follow-up visits with Concentra if care is ongoing.

Visit [www.concentra.com](http://www.concentra.com) for specific directions and hours. The closest location to campus is 1830 York Road, Suite F. The numbers on the map below correspond with the detailed listing of locations on the following page.



Office of Human Resources, Administration Building, Room 101  
Monday – Friday 8:00 am – 5:00 pm

p 410-704-2162 f 410-704-6320  
<https://www.towson.edu/hr/>  
Sept. 2019

**1** Concentra Arbutus  
AFTER HOURS FACILITY  
1419 Knecht Ave.  
Baltimore, MD 21227  
24 Hours, 7 Days a Week  
410.247.9595  
Fax: 410.247.7553

**2** Concentra Airport BWI  
811 Cromwell Park Dr.  
Suite 104-105  
Glen Burnie, MD 21061  
Mon - Fri: 7:30 am - 5 pm  
410.553.0110  
Fax: 410.553.0197

**3** Concentra Columbia  
6656 Dobbin Rd.  
Columbia, MD 21045  
Mon - Fri: 8 am - 5 pm  
410.381.1330  
Fax: 410.381.5585

**4** Concentra Dundalk  
Holabird Business Park  
1833 Portal St.  
Baltimore, MD 21224  
Mon - Fri: 8 am - 5 pm  
410.633.3600  
Fax: 410.633.3604

**5** Concentra  
Downtown Baltimore  
100 S. Charles St., Ste. 150  
Baltimore, MD 21201  
Mon - Fri: 8 am - 5 pm  
410.752.3010  
Fax: 410.539.7023

**6** Concentra Rosedale  
8101 Pulaski Hwy., Ste. H  
Baltimore, MD 21237  
Mon - Fri: 7 am - 7 pm  
Sat: 7 am - 12 pm  
410.687.6462  
Fax: 410.687.2261

**7** Concentra Lanham  
4451 G Parliament Pl.  
Lanham, MD 20706  
Mon - Fri: 7 am - 6 pm  
301.459.9113  
Fax: 301.459.1214

**8** Concentra Jessup  
7377 Washington Blvd.  
Suite 101  
Elkridge, MD 21075  
Mon - Fri: 8 am - 5 pm  
410.379.3051  
Fax: 410.379.3074

**9** Concentra Timonium  
Yorkridge Center  
1830 York Rd., Ste. F  
Baltimore, MD 21093  
Mon - Fri: 8 am - 6 pm  
Sat: 8 am - 2 pm  
410.252.4015  
Fax: 410.252.7410