

Referral information for students experiencing body image and/or food concerns:

On Campus

Counseling Center: Glen Esk, 410-704-2512; Open Monday through Friday, 8 am to 5 pm

Dowell Health Center: 410-704-2466; Open Monday through Friday, 8 am to 5 pm

Off Campus Emergency Medical Evaluations

St. Joseph Medical Center Emergency Room: 7601 Osler Drive, Towson, Maryland 21204; 410-337-1000

Off Campus Treatment Programs

Sheppard Pratt Center for Eating Disorders: 6501 N. Charles Street, Baltimore, Maryland 21204; 410-938-5252; www.eatingdisorder.org

Johns Hopkins Eating Disorder Program: Meyer 101, Johns Hopkins Hospital, 600 North Wolfe Street Baltimore, MD 21287; 410-955-3863

Off Campus Individual Counseling

Robin Ciotti, Ph.D.: 1122 Kenilworth Drive, Suite 109, Towson, MD 21204; 410-583-8892

Janet Cohen, Ph.D.: 6525 N. Charles Street, Suite 137, Towson, MD 21204; 410-296-7331

Lisa May Sachs, LCSW-C: 10 Gerard Avenue, Suite 210, Timonium, MD 21093; 443-799-0241

Psych Associates of Maryland, LLC: 120 Sister Pierre Drive, Suite 403, Towson, MD 21204; 410-823-6408

Stacy Ubersax, Psy.D.: 4800 Roland Avenue, Suite 300, Baltimore, MD 21210; 410-554-0099

Beth Williams Plunkett, Ph.D.: 504 Baltimore Avenue, Towson, MD 21204; 410-832-5767

Off Campus Free Support Groups

ANAD Free Eating Disorder Support Group: Mondays, 5:30-6:45 p.m.; 25 W Chesapeake Ave, Suite 202, Towson, MD 21204; 410-339-3474

Largely Positive Support Group-Free Support Group for People of Size: 2nd & 4th Tuesdays, 7-8:30 p.m. 5710 Newbury Street, Baltimore 21209; 410-982-9667

Sheppard Pratt Free Eating Disorders Support Group: Wednesdays, 7-8:30 p.m.; Sheppard Pratt Hospital Central Building, 6501 North Charles Street, Baltimore, MD; 410-938-5252

Off Campus Nutritionists

Marie DeMarco, MS, RD, LDN, NCC: 2360 W. Joppa Rd, Timonium, MD; 410-665-4656

Deborah Kauffmann, RD, LDN: 10621 York Road, Cockeysville, MD; 410-982-9667

Erin Spotte, RD, LD: 4800 Roland Avenue, Suite 300, Baltimore, MD 21210; 410-235-8300