

Curriculum Vita
Jan D. Sinnott

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JAN DYND A SINNOTT
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Education

Ph.D. Catholic University, 1975
M.A. Catholic University, 1973
B.S. St. Louis University, 1964
Licensed in the State of Maryland as a Practicing Psychologist

Professional Positions

Current Position

Tenured Professor of Psychology, Towson University (formerly Towson State University), Baltimore, Maryland, 21252---1978 to present. Honors College Faculty, Graduate Faculty, 1986 to present. Recipient of Towson University Faculty Excellence Award, 1997.

Director, Complex Cognition Research Lab, Psychology Department.

Previous Professional Experience

Associate Director, Institute for Applied Cognition and Teaching, 2001-2004.

Director, Developmental Psychology Honors Program, 1999 to 2001.

Director, Center for the Study of Adult Development and Aging (formerly Center for the Study of Practical Cognition), Towson State University, Baltimore, Maryland, 21204, 1989-1991.

Guest Scientist, Cognition Section, Laboratory of Personality and Cognition, Gerontology Research Center, National Institute on Aging, National Institutes of Health, at Francis Scott Key Medical Center (Johns Hopkins Bayview), Baltimore, Maryland 21224---1980-1989. NIH Postdoctoral Fellow, 1980-1981.

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Principal Investigator, NIA and AOA Grants, Center on Aging, University of Maryland, College Park, 1978-1980.

Founder and Director, Human Development Research, Inc., a private consulting organization, 1977-1980.

Research Associate, grant writer, AOA and NIDA funded grants, National Catholic School of Social Service, Catholic University, 1975-1977.

Lecturer, Psychology Department and National Catholic School of Social Service, Catholic University, 1975-1977.

Research Associate, Human Sciences Research, McLean, Virginia, 1975.

Teaching Assistant, Catholic University, 1973.

Research Assistant, Psychology Department, Catholic University, 1971-1972.

Social Rehabilitation Services Research Trainee, Catholic University, 1971-1974.

Workshop Lecturer, 1971 to present.

Professional Associations

American Psychological Association (Divisions 20, 35, 44), Fellow (Division 20),
American Psychological Society (Fellow)
Gerontological Society (Fellow)
Alpha Sigma Lambda Honor Society (Excellence in Teaching Non-traditional Age Students)
Association for Women in Psychology
Eastern Psychological Association
Maryland Psychological Association
American Association of University Professors
Association for Women in Science
APA Division of Peace Psychology
APA Division on Gay, Lesbian, Bisexual Studies
Study Group on Philosophy of Science
U.S. Surgeon General's Task Force on Violence
Institute for Noetic Sciences (Wash., D.C. Steering Committee)
Sigma Xi Research Honor Society
Society for Study of Energy Medicine
Society for Chaos Theory in Psychology and Life Sciences

Society for Transpersonal Psychology
Society for Humanistic Psychology
Physicians for Responsible Medicine
Psychologists for Social Responsibility

Editor or Reviewer

Journal of Adult Development (Editorial Board, Special Issue Editor)
International Journal of Aging & Human Development (Editorial Board)
Psychology and Aging
Journal of Experimental Aging Research
Journal of Bisexuality
i-manager's Journal on Educational Psychology
The Gerontologist
Developmental Psychology
Human Development
Journal of Gerontology
Canadian Journal on Aging
Psychology of Women Quarterly
Sex Roles

Reviewer for conferences presentation proposals
Reviewer of Grant Proposals, Canadian Geriatric Society, Health Care Research Foundation
Reviewer of book proposals for commercial publishers

Publications

Books

Sinnott, J.D. (2014). *Adult development: Cognitive aspects of thriving close relationships*. New York: Oxford University Press.

Sinnott, J.D. (Ed.) (2013). *Positive psychology: Advances in understanding adult motivation*. New York: Springer Publishing.

Sinnott, J.D. (in press). Special Issue Editor for issue on bisexuality and aging, *Journal of Bisexuality*.

Sinnott, J.D. (Special Issue Editor) (2009). *Complex Thought and Construction of Identity*. *Journal of Adult Development*, 16. Entire volume.

Sinnott, J.D. (Special Issue Editor) (in press hardcopy, published electronically 2009). *Special Issue: Positive Psychology and Adult Development, Parts I & II*. *Journal of Adult Development*, 17. Entire volume.

Sinnott, J.D. (Special Issues Editor) (3 Issues, 2001, 2002ab). *Special issues: Spirituality and adult development*. *Journal of Adult Development*, 8(4), 9(1,2).

Sinnott, J.D. (Special Issues Editor) (1999). *Special issue: Reinventing the university to teach both mind and heart*. *Journal of Adult Development*, 6 (entire numbers 3 and 4).

Sinnott, J.D. (1998). *The development of logic in adulthood: Postformal thought and its applications*. (Plenum Series on Adult Development, Jack Demick, Editor). NY: Plenum.

Sinnott, J.D. & Johnson, L. (1996). *Reinventing the university: A radical proposal for a problem focused university*. NJ: Ablex Publishers.

Sinnott, J.D. (Ed.) (1994). *Interdisciplinary handbook of adult lifespan learning*. CT: Greenwood.

West, R.L. & **Sinnott, J.D.** (Eds.) (1991). *Everyday memory and aging: Current research and methodology*. New York: Springer-Verlag.

Sinnott, J.D. & Cavanaugh, J. (Eds.) (1991). *Bridging paradigms: Positive development in adulthood and cognitive aging*. New York: Praeger.

Commons, M., Armon, C., Kohlberg, L., Richards, F., Grotzer, T. & **Sinnott, J.D.** (Eds.) (1990). *Adult development: Models and methods in the study of adolescent and adult thought, Vol. 2*. New York: Praeger.

Sinnott, J. D. (Ed.) (1989). *Everyday problem solving: Theory and applications*. NY: Praeger.

Commons, M., **Sinnott, J. D.**, Richards, F. & Armon, C. (Eds.) (1989). *Adult development: Comparisons and applications of developmental models*. N.Y.:

Praeger.

Sinnott, J. D. (1986). *Sex roles and aging: Theory and research from a systems perspective*. New York: Karger.

Sinnott, J. D. (1975). *Adult performance on some Piagetian tasks*. Dissertation on University Microfilms.

Sinnott, J. D., Harris, C., Block, M., Jacobson, S. & Collesano, S. (1983). *Applied research in aging: A guide to methods and resources*. Boston: Little-Brown. Second printing: Simon Fraser University, Burnaby, Canada.

Sinnott, J. D., Block, M., Gaddy, C., Grambs, L., & Davidson, J. (1980). *Sex roles in mature adults: Antecedents and correlates*. College Park, Maryland: University of Maryland, Center on Aging. (Also available through *Journal Supplement Abstract Service*, 1981, 11, 82.

Sinnott, J. D., Raval, B., & Shiffman, H. (1980). *Extent and correlates of over-the-counter drug use among community dwelling elders*. Report on Faculty Research Grant project funded by Towson State University, Baltimore, MD. (Available from Department of Psychology, Towson State University.)

Block, M. & **Sinnott, J. D.**, (1979). *The battered elder syndrome: An exploratory study*. College Park, Maryland: University of Maryland Center on Aging.

Guttman, D., **Sinnott, J. D.**, Carrigan, Z., & Holohan, N. (1977). *A survey of drug-taking behavior of the elderly*. Washington, D.C.: Catholic University Press.

Guttman, D., **Sinnott, J. D.**, Carrigan, Z., Holohan, N., Flynn, M. & Mullaney, J. (1977). *The impact of needs, knowledge, ability, and living arrangements on decision making of the elderly*. Washington, D.C.: Catholic University Press.

Sinnott, J. D. (1975). *Adult performance on some Piagetian tasks*. Dissertation on University Microfilms.

Fiman, B., Nordlie, P., **Sinnott, J. D.**, & Witten, D. (1975). *Development of quantitative indices of institutional change with regard to racial minorities and women in NIMH extramural programs*. McLean, VA: Human Sciences Research.

Sinnott, J. D. (1973). *The humor response in preschool children*. Unpublished master's thesis, Catholic University, Washington D.C.

Refereed Articles

Sinnott, J.D. & Rabin, J.S. (2010). Sex roles revisited. In V.S. Ramachandran (Ed.), *Encyclopedia of human behavior*, 323, 1-7. New York: Elsevier.

Benovenli, L., Fuller, E., **Sinnott, J.**, & Waterman, S. (2011). Three applications of the theory of postformal thought: Wisdom, concepts of god, and success in college. *Research in the Social Scientific Study of Religion*, 22, 141-154.

Sinnott, J.D. (2010). Coherent themes: Individuals' relationships with God, and their early childhood experiences, bonds with significant others, and relational delusions during psychotic episodes have common existential and relational themes. *Journal of Adult Development*, 17 (4), 230-244.

Sinnott, J.D. (Editor) (2010, available electronically; hardcopy in press). Positive psychology and adult development, Part I; Special Edition. *Journal of Adult Development*.

Sinnott, J.D. (2010, electronic version, hardcopy in press). Introduction to the special issue: Positive psychology and adult development, Part II. *Journal of Adult Development*.

Sinnott, J.D. (2009). Complex thought and construction of the self in the face of aging and death. *Journal of Adult Development*, 16 (3), 155-165.

Sinnott, J.D. (2009). Introduction to the special issue: Complex thought and construction of identity. *Journal of Adult Development*, 16 (3), 129-130.

Sinnott, J.D. (2009). Introduction to the special issue: Positive psychology and adult development, Part I. *Journal of Adult Development*, 17(2), 57-58.

James Griffin, Sarah Gooding, Michael Semesky, Brittany Farmer, Garrett Mannchen & Jan **Sinnott** (hardcopy in press; electronic version 2009). Four brief studies of relations between postformal thought and non-cognitive factors: Personality, concepts of god, political opinions and social attitudes. *Journal of Adult Development*, 16(3), 173-182.

Sinnott, J.D. (2008). Humanistic psychology, learning, and teaching the "whole person". *I-manager's Journal on Educational Psychology*, 1 (4), 55-63.

Sinnott, J.D. (2006) Spirituality as “feeling connected with the transcendent”: Outline of a transpersonal psychology of adult development of self. *Religion, Spirituality, and the Scientific Study of Religion* 16, 287-308.

American Psychological Association Committee on Aging (J.D. **Sinnott**, member) (2005). *Life plan for the life span*. Washington, DC.

Sinnott, J.D. (2004). We're all in this together. Review of de St. Aubin, Ed ; McAdams, Dan P.; Kim, Tae-Chang (Ed.) *The generative society: Caring for future generations. Contemporary Psychology*.

Sinnott, J.D. (2002). Introduction to the third special issue on spirituality and adult development. *Journal of Adult Development*, 8, 199-200.

Sinnott, J.D. (2002). Introduction to the second special issue on spirituality and adult development. *Journal of Adult Development*, 9, 1-2.

Sinnott, J.D. (2001). Introduction to the first special issue on spirituality and adult development. *Journal of Adult Development*, 9, 95-96.

Sinnott, J.D. (2001). A time for the eagle and the condor to fly together: Relations between spirit and adult development in healing techniques in several cultures. *Journal of Adult Development*, 8, 241-248.

Sinnott, J.D. (1999). Reinventing the university to teach both mind and heart, Part I, Introduction. *Journal of Adult Development*, 6 (3), 149-152.

Sinnott, J.D. (1999). Reinventing the university to teach both mind and heart, Part II, Introduction. *Journal of Adult Development*, 6(4), 193-194.

Sinnott, J.D. (November, 1999). Review of "Lesbian Step Families: An Ethnography of Love" by Janet M. Wright, Ph.D. New York: Harrington Park Press, 1998, *The Alternative*.

Sinnott, J.D. (1998). New patterns: Creating the multi-national problem focused university. *Reinventa a Universidade: Coloquio/Educacao e Sociedade*, 2, 160-192.

Sinnott, J.D., Burgio, L.D., Lakein, D., Pappas, K. DeLeonardo, L. & Spencer, F.M. (1998). Acceptability ratings for psychotherapeutic treatments for elderly individuals. *Journal of Applied Gerontology*, 17, 172-185.

Sinnott, J.D. (1997). Reinventing the university: A radical proposal for a problem focused university to teach complex thought. *Faculty Development*, 1(4), 6,8.

Sinnott, J.D. (1997). Brief report: Complex postformal thought in skilled research administrators. *Journal of Adult Development*, 4 (1), 45-53.

Sinnott, J.D. & Johnson, L. (1996). Reinventing the university: A reasonable proposal for a problem-focused university for the 21st century. *Futures Research Quarterly*, Winter, 61-69.

Sinnott, J.D. (1996). Postformal thought and mysticism: How might the mind know the unknowable? *Aging and Spirituality: Newsletter of the American Society on Aging Forum on Religion, Spirituality & Aging*, 8, 7-8.

Sinnott, J.D., Rogers, D. & Spencer, F. (1996). Reconsidering sex roles and aging: Preliminary data on some influences of context, cohort, time. *ERIC*, Document # ED 391 139/CG 026 796.

Burgio, L.D., Hardin, M., **Sinnott, J.D.** Janosky, J. & Hohman, M.J. (1995). Acceptability of behavioral treatments and pharmacotherapy for behaviorally disturbed older adults: Ratings of caregivers and relatives. *Journal of Clinical Geropsychology*, 1, 19-32.

Burgio, L., Hardin, J.M., **Sinnott, J.**, Janosky, J. & Hohman, M. (1995). Nurses' acceptance of behavioral treatments and pharmacotherapy for behavioral disturbances in older adults. *Applied Nursing Research*, 8(4), 174-181.

Sinnott, J.D. (1994). Development and yearning: Cognitive aspects of spiritual development. *Journal of Adult Development*, 1(2), 91-100.

Sinnott, J.D. (1993). Sex roles. In V.S. Ramachandran (Ed.), *Encyclopedia of human behavior*, 4, 151-158.

Sinnott, J.D. (1993). A commentary on Orwoll & Achenbaum. *Human Development*, 36, 297-299.

Sinnott, J.D. & Spencer, F. (1993). *Computerized version: Sinnott's Postformal Complex Thought Assessment*. Available from author.

Sinnott, J.D. (1993). Development and yearning: Cognitive aspects of spiritual

development. *ERIC/CAPS Clearinghouse Resources in Education*, ED 348586.

Burgio, L.D., Janosky, J.E., **Sinnott, J.**, & Hohman, M.J. (1992). Acceptability of behavioral treatments and pharmacotherapy for geriatric behavioral disturbances: A comparison among health care professionals and consumer groups. *Verhaltenstherapie*, 2, 237-243.

Burgio, L., **Sinnott, J.D.**, Janosky, J.F. & Hohman, M.L. (1992). Physicians' acceptance of behavioral treatments and pharmacotherapy for behavioral disturbances in older adults. *Gerontologist*, 32, 546-551.

Burgio, L. & **Sinnott, J.D.** (1990). Behavioral treatments and pharmacotherapy: Acceptability ratings by elderly individuals in residential settings. *Gerontologist*, 30, 811-816.

Sinnott, J.D., Plotz, J. & Robinson, S. (1990). Models of physiology/cognition relations: Their prevalence in the literature and their utility in examining the effects of blood pressure on vocabulary and memory for designs. (ED 320090) *ERIC* C6022595. RIE, Nov., 90.

Sinnott, J.D., Bochenek, K.B., Walters, C. & Klein, L. (1990). Age related visual and kinesthetic code effects on spatial memory of a maze-like floor plan. *ERIC* C6022594.

Burgio, L.D. & **Sinnott, J. D.** (1989). A comparison of acceptability ratings of behavioral treatments and pharmacotherapy for children and elderly clients. *Journal of Gerontology*, 44, P3-P8.

Sinnott, J.D. (1989). The general systems metatheory: A conceptual system to study changes and explain resistance to change in sex roles and gender identity. *Women's Studies International Forum*, 12 (5), p. XVI.

Sinnott, J. D. (1986). Social cognition: The construction of self-referential truth? *Educational Gerontology*, 12, 337-340.

Sinnott, J. D. (1986). Prospective/intentional everyday memory: Effects of age and passage of time. *Psychology and Aging*, 1, 110-116.

Sinnott, J. D. (1986). A review of Riedl's *Biology of knowledge* (Wiley). *Mathematical Modelling*, 7, 1656-1657.

Windle, M. & **Sinnott, J. D.** (1985). A psychometric study of the Bem Sex

Role Inventory with an older adult sample. *Journal of Gerontology*, 40, 336-343.

Sinnott, J. D. (1985). *Effect of goal clarity and presence of a partner on problem solving performance.* (Available from Psychology Department, Towson State University, Baltimore, MD.)

Cavanaugh, J., Kramer, D., **Sinnott, J. D.**, Camp, C. & Markley, R. P. (1985). On missing links and such: Interfaces between cognitive research and everyday problem solving. *Human Development*, 28, 146-168.

Sinnott, J. D. (1984). Older woman, older men: Are their perceived sex roles similar? *Sex Roles*, 10, 847-856.

Sinnott, J. D. (1984-85). Stress, health, and mental older women and men. *International Journal of Aging and Human Development*, 20, 123-132.

Sinnott, J. D., Raval, B., & Shiffman, H., (1983). *Effects of attitudes toward the elderly on behavior toward an older adult.* Report on Faculty Research Grant Project funded by Towson State University, Baltimore, MD. Available from Department of Psychology, and from ERIC.

Sinnott, J. D. (1982). Correlates of older adults' performance on the BSRI. *Journal of Gerontology*, 37, 587-594.

Sinnott, J. D. (1981). Review of *Aging in the 1980's* (L. Poon, Ed.). *Journal of Gerontology*, 36, 251-252.

Sinnott, J.D. (1981) The theory of relativity: A metatheory for development? *Human Development*, 24, 293-311.

Sinnott, J. D., & Guttman, D. (1978). Piagetian logical abilities and older adults' abilities to solve everyday problems. *Human Development*, 21, 327-333.

Sinnott, J. D. (1978). *Report on the development of an elementary curriculum for Montgomery County Public Schools: Women Yesterday, Today, and Tomorrow.* (Available through the Montgomery Commission for Women, Rockville, MD, and through the WEAL Fund and ERIC file.)

Sinnott, J. D., & Guttman, D. (1978). The dialectics of decision-making in older adults. *Human Development*, 12, 190-200.

Chap, J. & **Sinnott, J. D.** (1977-78). Performance of institutionalized and

community-active old persons on concrete and formal Piagetian tasks. *International Journal of Aging and Human Development*, 8, 269-278.

Sinnott, J. D. (1977). Sex-role inconstancy, biology, and successful aging: A dialectical model. *Gerontologist*, 17, 459-463.

Sinnott, J. D. (1976). Comparison of aggression and incongruity as factors in childrens' judgement of humor. *Journal of Genetic Psychology*, 128, 241-249.

Sinnott, J. D. (1975). Everyday thinking and Piagetian operativity in adults. *Human Development*, 18, 430-444.

Refereed Chapters

Sinnott, J.D. (2011) Constructing the self in the face of aging and death: Complex thought and learning. In C. Hoare (Ed.), *Oxford handbook of adult development and learning, 2nd Edition* (pp 248-264). . Oxford University Press.

Sinnott, J.D. (2008). Neo-Piagetian concepts of cognitive development in adults. In M. Cecil Smith & N. DeFratis-Densch (Eds.), *Handbook of Research on Adult Learning and Development*. NY: Erlbaum.

Sinnott, J.D. (2007). Cognitive and representational development in adults. In K. Cartwright (Ed.), *Flexibility in literacy processes and instructional practice: Implications of developing representational ability for literacy teaching and learning*. New York: Guilford Publications.

Sinnott, J.D. & Berlanstein, D. (2006). The importance of feeling whole: Learning to "feel connected", community, and adult development. In C. H. Hoare (Ed.), *Oxford handbook of adult development and learning* (pp. 381-406). New York: Oxford U. Press.

Sinnott, J.D. (2005), The dance of the transforming self: Both feelings of connection and complex thought are needed for learning. In M.A. Wolf (Ed.), *Adulthood, new terrain, new directions* (pp. 27-38). San Francisco: Jossey Bass.

Sinnott, J.D. (2004). Learning as a humanistic dialogue with reality; new theories that help us teach the whole person: Context of learning and complex thought: Implications for modern life. In T. Hagestrom (Ed.), *Stockholm Lectures: Adult development and working life* (pp.78-108). University of Stockholm Press, Stockholm, Sweden.

Sinnott, J.D. (2004). Learning as a humanistic dialogue with reality; new theories that help us teach the whole person: Complex Postformal Thought and its relation to adult learning, life span development, and the new sciences. In T. Hagestrom (Ed.), *Stockholm Lectures: Adult development and working life* (pp.109-152).University of Stockholm Press, Stockholm, Sweden.

Sinnott, J.D. (2003). Teaching as nourishment for complex thought. In Nancy L. Diekelmann (Ed.), *Teaching the practitioners of care: New pedagogies for the health professions* (pp. 232-271). Interpretive studies in healthcare and the human services Series. Madison, WI: University of Wisconsin Press.

Sinnott, J.D. & Shifren, K.(2002). Gender and aging: Transforming and transcending gender roles. In J. Birren and K.W. Schaie (Eds.), *Handbook of the psychology of aging, Fifth edition* (pp.454-476). San Diego, CA: Academic Press.

Sinnott, J.D. (2002). Postformal thought and adult development: Living in balance. In J. Demick and C. Andreoletti (Eds.), *Handbook of adult development* (pp. 221-238). NY: Plenum.

Sinnott, J.D. (2000). Cognitive aspects of unitative states: Spiritual self-realization, intimacy, and knowing the unknowable. In M. Miller & A. West (Eds.), *Spirituality, ethics, and relationship in adulthood: Clinical and theoretical explorations* (pp.177-198). NY: International Universities Press/Psychosocial Press.

Sinnott, J.D. (1998). New patterns: Creating the multinational problem focused university. In R. Carneiro (Ed.) *Educacao e sociedade* (pp.160-192). Lisbon, Portugal:Gulbenkian Foundation.

Sinnott, J.D. (1998). Creativity and postformal thought: Why the last stage is the creative stage. In C. Adams-Price (Ed.), *Creativity and aging: Theoretical and empirical approaches* (pp.43-72). NY: Springer.

Sinnott, J.D. (1997). Developmental models of midlife and aging in women: Metaphors for transcendence and for individuality in community. In J. M. Coyle (Ed.), *Handbook on women and aging* (pp. 149-163). CT: Greenwood.

Sinnott, J.D. (1996). The development of complex reasoning: Postformal thought. In F. Blanchard-Fields & T. Hess (Eds.), *Perspectives on cognitive change in adulthood and aging*. NY: McGraw-Hill.

Sinnott, J.D. (1994). Sex roles. In V.S. Ramachandran (Ed.), *Encyclopedia of human behavior*. NY: Academic Press.

Sinnott, J.D. (1994). Postformal thought, adult learning, and lifespan development: How are they related? In J. **Sinnott** (Ed.), *Interdisciplinary handbook of adult lifespan learning* (pp.105-119). CT: Greenwood.

Sinnott, J.D. (1994). The future of adult lifespan learning: Learning institutions face change. In J. **Sinnott** (Ed.), *Interdisciplinary handbook of adult lifespan learning* (pp.449-466). CT: Greenwood.

Sinnott, J.D. (1994). New science models for teaching adults: Teaching as a dialogue with reality. In J. **Sinnott** (Ed.), *Interdisciplinary handbook of adult lifespan learning* (pp.90-104). CT: Greenwood.

Sinnott, J.D. (1993). Yes, it's worth the trouble! Unique contributions from everyday cognition studies. In H. Reese & J. Puckett (Eds.), *Lifespan developmental psychology: Mechanisms of everyday cognition* (pp.73-94). NJ: Erlbaum.

Sinnott, J.D. (1993). Teaching in a chaotic new physics world: Teaching as a dialogue with reality. In P. Kahaney, J. Janangelo, & L.A.M. Perry (Eds.), *Teachers and change: Theoretical and practical perspectives* (pp. 91-108). New Jersey: Ablex Press.

Sinnott, J.D. (1992). The use of complex thought and resolving intragroup conflicts: A means to conscious adult development in the workplace. In J. Demick (Ed.), *Adult development in the workplace* (pp. 155-175). NJ: Erlbaum.

Sinnott, J.D. (1991). What do we do to help John? A case study of postformal problem solving in a family making decisions about an acutely psychotic member In J.D **Sinnott** & J. Cavanaugh (Eds.), *Bridging paradigms: Positive development in adulthood and cognitive aging* (pp.203-220). New York: Praeger.

Sinnott, J. D. (1991) Limits to problem solving: Emotion, intention, goal clarity, health, and other factors in postformal thought. In J.D. **Sinnott** & J. Cavanaugh (Eds.), *Bridging paradigms: Positive development in adulthood and cognitive aging* (pp.169-202). New York: Praeger.

Sinnott, J.D. Bochenek, K., Kim, M., Klein, L., Walters, C., Dishman, K. & Dunmyer, C. (1991). Aging and memory for spatial relations. In R.L. West & J.D. **Sinnott** (Eds.). *Everyday memory and aging: Current research and methodology* (pp.66-85). New York: Springer-Verlag.

Sinnott, J. D. (1989). Changing the known; knowing the changing: General

systems theory paradigms as ways to study complex change and complex thought. In D. Kramer to M. Bopp (Eds.), *Transformation in developmental and clinical psychology* (pp.51-69). N.Y.: Springer.

Sinnott, J. D. (1989). General systems theory: A rationale for the study of everyday memory. In L. Poon, D. Rubin & B. Wilson (Eds.), *Everyday cognition in adulthood and old age* (pp.59-72). New Rochelle, New York: Cambridge U. Press.

Sinnott, J. D. (1989). Prospective memory and aging: Memory as adaptive action. In L. Poon, D. Rubin & B. Wilson (Eds.), *Everyday cognition in adulthood and old age* (pp.352-372). New Rochelle, New York: Cambridge U. Press.

Sinnott, J. D. & Cook, J. (1989). An overview---if not a taxonomy---of "everyday problems" used in research. In J. D. **Sinnott** (Ed.), *Everyday problem solving: Theory and application* (pp.40-54). N.Y.: Praeger.

Sinnott, J. D. (1989). A model for the solution of illstructured problems: Implications for everyday and abstract problem solving. In J. D. **Sinnott** (Ed.), *Everyday problem solving: Theory and applications* (pp.72-99). N.Y.: Praeger.

Sinnott, J. D. (1989). Future directions and opportunities in everyday problem solving research. In J. D. **Sinnott** (Ed.), *Everyday problem solving: Theory and applications* (pp.300-306). N.Y.: Praeger.

Sinnott, J. D. (1989). Adult differences in use of postformal operations. In M. Commons, J. D. **Sinnott**, F. Richards, & C. Armon (Eds.), *Adult development: Comparison and application of developmental models* (pp.239-278). New York: Praeger.

Sinnott, J. D. (1987). Sex roles in adulthood and aging years. In D. B. Carter (Ed.), *Current conceptions of sex roles and sex typing* (pp.155-177). New York: Praeger.

Sinnott, J. D. (1985). General systems theory: An idea which explains how societies become. In K. Jeter (Ed.), *Connections and continuities, Vol I.* Neward, DE: Possible Society Press.

Sinnott, J. D. (1984). Postformal reasoning: The relativistic stage. In M. Commons, F. Richards, & C. Armon (Eds.), *Beyond formal operations* (pp.298-325). N.Y.: Praeger.

Papers
(most peer reviewed)

Boardman, L. & **Sinnott**, J.D. as faculty advisor (2014). Exploring the effect of growth experiences on self determination during emerging adulthood. Presented at the Student Research and Scholarship Expo, Towson University.

Hilton, S., Wood, M., Spanos, E. and **Sinnott**, J.D. (2014). *The propensity of an individual experiencing flow, mindfulness, cognitive flexibility, and postformal thought*. Presented at the Student Research and Scholarship Expo, Towson University.

Johnson, L., Wiggins, L., and **Sinnott**, J.D. as Faculty Advisor (2014). *Media, question order, gender, and meat consumption*. Presented at the Student Research and Scholarship Expo, Towson University.

Sinnott, J.D., Geissler, T., Hilton, S., Merson, J., Nardini, A., Newman, R., Probst, A., Schluter, R. and Tippet, C. (2013). *Cognition and relationship quality*. Presented at the 25th Annual Convention of the Association for Psychological Science, Washington, D.C.

Kumar, S. and **Sinnott**, J. as Faculty Advisor (2013). *The effect of pet ownership and human-animal interaction on quality of life*. Presented at the Student Research and Scholarship Expo, Towson University.

Wood, M., Hilton, S., Spanos, E., Topel, R. & **Sinnott**, J. (2013). *The correlation between intelligence quotient and postformal thought when motivation is controlled*. Presented at the Student Research and Scholarship Expo, Towson University.

Berrios, G., Smith, B., and **Sinnott** J., as Faculty Advisor (2012). *The effect of time and place on money return*. Presented at the Student Research and Scholarship Expo, Towson University.

Moore, B., & **Sinnott**, J., as Faculty Advisor (2012). *Propensity for experiencing flow: The roles of cognitive flexibility and mindfulness*. Presented at the Student Research and Scholarship Expo, Towson University.

Tippet, C., Geissler, T., Hilton, S., Newman, R., & **Sinnott**, J. (2012). *Postformal thought and its effects on relationship satisfaction*. Presented at the Student Research and Scholarship Expo, Towson University.

Waheed, S., & **Sinnott**, J. as Faculty Advisor (2012). *Run, rest, relax: The importance of exercise and sleep in the prevention of everyday anxiety*. Presented at the Student Research and Scholarship Expo, Towson University.

Sullivan, K., Hall, A., Jontiff, D., Merson, J., Nardini, A., Schluter, R. & **Sinnott**, J. (2011). *The relationship between postformal thought and the quality of close relationships*. Presented at the Student Research and Scholarship Expo, Towson University.

Newman, R., Bane, A. & **Sinnott**, J. (2011). *Caffeine and sleep deprivation: How do these elements shape our college experience and affect grade point average?* Presented at the Student Research and Scholarship Expo, Towson University.

Baker, T. & Martin, B. (**Sinnott**, J.D. Faculty Sponsor) (2010). *Effect of media and ethnicity on body image*. Presented at the Student Research and Scholarship Expo, Towson University.

Cox, A. (**Sinnott**, J.D. Faculty Sponsor) (2010). *Sweet foods in relation to age and weather*. Presented at the Student Research and Scholarship Expo, Towson University.

Fuller, E. & **Sinnott**, J.D. (2010). *The relationship among postformal thought, concepts of "god", and wisdom*. Presented at the Student Research and Scholarship Expo, Towson University.

Yost, J. (**Sinnott**, J.D., Faculty Sponsor) (2010). *The effect of personality traits and physical characteristics on the selection of a romantic partner by a human male*. Presented at the Student Research and Scholarship Expo, Towson University.

Waterman, S., Benovenli, L., Fuller, E. & **Sinnott**, J. (2009). *Postformal thought, concepts of "God", and academic achievement*. Poster presented at the Tenth Annual Student Research and Scholarship Expo, May 5, 2009.

Sinnott, J.D. (2008). *Spirituality and resilience in the face of ambiguous loss during aging*. Paper presented at the 61st Annual Scientific Meeting of the Gerontological Society of America, November, 2008, Washington, DC, as part of a symposium on *Spirituality, Religion and Resilience in Later Life: Is There a "Dark" Side?*, Mark Brennan, Chair.

Sinnott, J.D. (2008). *"Not a problem anymore?" Have we resolved issues related to gender diversity, religious diversity, and age diversity on campus? What*

do you see? Paper presented at the 14th Annual Multicultural Conference: Diversifying Diversity: Broadening Representations of Inclusion. Towson University, Towson. MD.

Gooding, S., Semesky, M. & **Sinnott**, J.D. [as faculty advisor] (2008). *God concepts and postformal thought: How do they correlate?* Paper presented at the Interdisciplinary Student Research and Scholarship Expo, Towson, MD.

Griffin, J. & **Sinnott**, J.D. [as faculty advisor] (2008). *Personality factors related to postformal thought development in adulthood.* Paper presented at the Interdisciplinary Student Research and Scholarship Expo, Towson, MD.

Griffin, J. & **Sinnott**, J.D. [as faculty advisor] (2008). *The relationship between postformal thought development and attitudes toward lesbians and gay men.* Paper presented at the Interdisciplinary Student Research and Scholarship Expo, Towson, MD.

Mannchen, G. [prepared while a research assistant, under the guidance of Jan **Sinnott**] (2008). *The relationship between postformal thought and opinions on political issues.* Prepared for publication.

Merchant, L. [prepared while a graduate research assistant, under the guidance of Jan **Sinnott**] (2008). *Creativity, cognitive development, and conservatism: Thinking in terms of possibilities.* Submitted for publication.

Semesky, M. & **Sinnott**, J.D. [as faculty advisor] (2008). *Creativity and the childhood environment: What are the key facilitators?* Paper presented at the Interdisciplinary Student Research and Scholarship Expo, Towson, MD.

Sinnott, J.D. (2007). *Unconscious ageism in the university setting: The value of age inclusion.* Paper presented at Towson University's 13th Annual Multicultural Conference entitled Stepping Inside: Reflections on Diversity at Maryland's Metropolitan University, Towson, MD.

Bland, J. & **Sinnott**, J.D. [as Faculty Sponsor], (2007). *The effects of happiness and surprise on human body energy.* Paper presented at the Interdisciplinary Student Research and Scholarship Expo, Towson, MD. (Portions of this research were also presented at NCUR and in Annapolis for Tiger Pride Day.)

Savage, C. & **Sinnott**, J.D. [as Faculty Sponsor/Honors Student Mentor] (2007). *Stigmatization of individuals with severe and persistent mental illnesses: Analysis of the impact stigma has on the therapeutic relationship and client outcome.*

Paper presented at the Interdisciplinary Student Research and Scholarship Expo, Towson, MD.

Schroeder, K.M., Barrett, N.M. & **Sinnott**, J.D. [as Faculty Sponsor], (2007). *The effect of awareness and gender on obesity stereotyping*. Paper presented at the Interdisciplinary Student Research and Scholarship Expo, Towson, MD.

Westerfeld, D.D. & **Sinnott**, J.D. [as Faculty Sponsor], (2007). *Do provocatively dressed females affect male willingness to volunteer ?* Paper presented at the Interdisciplinary Student Research and Scholarship Expo, Towson, MD. (Portions of this research were also presented at NCUR.)

Trumbull, J. & **Sinnott**, J.D. (April, 2006). *Do autism assistance dogs increase social skills in children with autism?* Towson University Student Research Expo, Towson, MD.

Sinnott, J.D. (May, 2006). *It takes a village to achieve in psychology*. Invited address, Psi Chi Initiation Ceremony, Towson, MD.

Sinnott, J.D. (2005). *What is it like to have a close family member who is severely mentally ill?* Presentation to Psi Chi/Psychology Club, November, 2005.

Sinnott, J.D., Bernhard, M. & Tournabene, V.R. (April, 2005). *Feelings and perceptions of communities held by different age groups.* Paper presented at the Student Research Expo, Towson University, Baltimore, MD.

Sinnott, J.D. & Berlanstein, D. (April, 2004). *The importance of feeling whole: Learning to "feel connected", spirituality, community, and adult development*. Paper presented at the Society for Research in Human Development, Park City, UT.

Sinnott, J.D. (March, 2004). *Feeling connected, spirituality, and adult development: A new theory of their interrelationships*. Invited paper presented at the Annual Conference on Research and Spirituality, Loyola College, Columbia, MD.

Sinnott, J.D. (February, 2004). *The importance of feeling connected: Community and adult development*. Paper presented at the Association for Women in Psychology, Philadelphia, PA.

Sinnott, J.D. (2003). *Spirituality, development and healing: Lessons from several cultures*. Paper presented at Loyola College Midwinter Conference on Religion and Spirituality, Columbia, MD.

Sinnott, J.D. (2001). *Learning as a humanistic dialogue with reality; new theories that help us teach the whole person: Complex Postformal Thought and its relation to adult learning, life span development, and the new sciences.* Invited lecture given October 5th, 2001, University of Stockholm, Stockholm, Sweden.

Sinnott, J.D. (2001). *Learning as a humanistic dialogue with reality; new theories that help us teach the whole person: Context of learning and complex thought: Implications for modern life.* Invited lecture given October 5th, 2001, University of Stockholm, Stockholm, Sweden.

Sinnott, J.D. (2001). *How can psychologists approach the study of spirituality and community?* Sabbatical presentation, Towson University, Baltimore, MD.

Sinnott, J.D. (2000). *Growing---and healing---while aging: The role of spirituality in typical and complementary healing systems.* Paper presented at the annual conference of the Gerontological Society of America, Washington, D.C.

Sinnott, J.D. & Froman, L. (1999). *In search of the sustainable university.* Paper presented at the Lilly Conference, Baltimore MD.

Sinnott, J.D. (1999). *Getting to the big picture: Can we lead students to synthesis?* Paper presented at the Lilly Conference, Baltimore, MD.

Sinnott, J.D. (September, 1998). *Aging and cognition: A training session for health care professionals.* Baltimore, MD: Good Samaritan Hospital.

Sinnott, J.D. (1998). *Achieving balance: Postformal stages of development in later life.* Paper presented at the 51st Annual Conference of the Gerontological Society of America, Philadelphia, PA.

Sinnott, J.D. (1997). *Postformal thought as a key to the study of mysticism.* Paper presented at the 50th Annual Scientific Meeting of the Gerontological Society of America, Cincinnati, Ohio.

Sinnott, J.D. (1997). *Reinventing the university.* Invited Paper presented at the International Seminar on Reinventing the University, sponsored by the Calouste Gulbenkian Foundation, Lisbon, Portugal.

Sinnott, J.D. (1997). *Knowing the unknowable: Some approaches to the study of the cognition of spiritual experience.* Paper presented at the Second Annual Roundtable on Religious Research: A Further Exploration of Religious and Spiritual Dimensions, Columbia, MD.

Johnson, L. & **Sinnott**, J.D. (1996). *The university in 2010*. Paper presented at the National Council of University Research Administrators National Conference, Washington, D.C.

Johnson, L. & **Sinnott**, J. D. (1996). *Research administration in the university of tomorrow*. Presented at the Society for Research Administrators National Conference, Toronto.

Johnson, L. & **Sinnott**, J.D. (1996). *Complex reasoning styles in expert research administrators*. Paper presented at the Society for Research Administrators National Conference, Toronto.

Sinnott, J.D. & Johnson, L. (1996). *Reinventing the university for the next century*. Paper presented at the Eighth General Assembly of the World Future Society, Washington, D.C.

Sinnott, J.D. (1994). *The challenge of middle age: Welcoming the more complex self*. Invited presentation, Johns Hopkins University.

Sinnott, J.D. (1992). Development and yearning: Cognitive aspects of spiritual development. Paper presented as part of a symposium on *Ego transcendence and spirituality: The next hundred years in psychology*, at the Conference of American Psychological Association, Washington, D.C. Available through Eric/Caps Clearinghouse, Doc. No. CG 024404.

Burgio, L., **Sinnott**, J., Janosky, J. & Hohman, M. (1991). *Behavioral interventions and pharmacotherapy: Caregiver ratings of treatment acceptability*. Paper presented at the Gerontological Society Conference, San Francisco.

Sinnott, J.D. (1991). *Scoring protocols for self-referential postformal thought*. Workshop presented at the Sixth Adult Development Symposium, Suffolk University, Boston.

Sinnott, J.D. (1991). *Conscious adult development: Complex thought and resolving our intragroup conflicts*. Invited presentation at Sixth Adult Development Symposium, Suffolk University, Boston.

Basseches, M., Kramer, D., & **Sinnott**, J.D. (1991). *Dialectical perspectives on psychotherapy and human growth*. Symposium presented at Sixth Adult Development Symposium, Suffolk University, Boston.

Rogers, D.R.B., **Sinnott**, J.D. & Van Dusen, L. (1991). *Marital adjustment and*

social cognitive performance in everyday logical problem solving. Paper presented at the Sixth Adult Development Symposium, Suffolk University, Boston.

Sinnott, J.D., Bochenek, K., Rogers, D., Kim, M. & Klein, L. (1991). Cooperative cognition over the lifespan: Is thinking a team sport? Symposium on *Cooperative Cognition and Aging*. Paper presented at the American Psychological Association, San Francisco.

Sinnott, J.D. (1990). *Yes, it's worth the trouble! Unique contributions from everyday cognition studies.* Paper presented at 12th West Virginia University Conference on Lifespan Developmental Psychology: Mechanisms of Everyday Cognition. Morgantown, W Va.

Burgio, L.D., **Sinnott, J.D.,** Janosky, J. & Hohman, M.J. (1990). *Behavioral interventions and pharmacotherapy: Physician ratings of treatment acceptability.* Paper presented at the American Geriatrics Society Meetings, Atlanta, GA.

Sinnott, J.D. (1990). *Asking better questions: New models in cognitive aging.* Paper presented at invited colloquium, University of New Orleans, New Orleans, LA

Sinnott, J.D., Bochenek, K.R., Walters, C.R. & Klein, L. (1990). *Spatial memory and Visual and kinesthetic coding effects.* Paper presented at Cognitive Aging Conference, Atlanta, GA.

Sinnott, J.D. (1989). *A general systems theory perspective on sex roles and social change.* Paper presented at National Women' Studies Association Conference, Baltimore, MD.

Williams, D. L., Martin, S. L., & **Sinnott, J. D.** (1988). *Environment and sex of subject effects on performance on a computer game.* Paper presented at Eastern Psychological Association, Buffalo, New York.

Sinnott, J. D. (1988). *"Noncognitive" processes in problem solving: Are there age differences in use of emotion, personal history, self evaluation and social factors during combinatorial problem solving?* Paper presented at the Second Cognitive Aging Conference, Atlanta, Georgia.

Sinnott, J. D. (1987). *Models of everyday problem solving: Under what conditions might older adults show postformal thought?* Paper presented at Gerontological Society of America, Washington D.C.

Sinnott, J. D. (1987). *Blood pressure/cognition relations: Alternative models*

of change over time. Paper presented at American Psychological Association, New York.

Sinnott, J. D. (1987). *Experimental studies of relativistic self-referential postformal thought: The roles of emotion, intention, attention, memory and health in adaptive adult cognition.* Invited paper presented at the Third Harvard University Conference on Positive Adult Intellectual Development, Cambridge, Massachusetts.

Sinnott, J. D. (1987). *Changing the known; knowing the changing: General systems theories paradigms as ways to study complex change and complex thought.* Paper presented at the 17th Meeting of the Piaget Society, Philadelphia, PA. Available through ERIC-RIE, PS 016639.

Sinnott, J. D. (1987). *Spatial memory and aging: Models linking lab and life, rat and human maze learning.* Paper presented at the Cognitive Aging Conference, Atlanta, GA.

Sinnott, J. D. (1987). *Studies of everyday memory in the Baltimore Longitudinal Study of Aging.* Paper presented at Maryland Gerontological Society, Annapolis, MD.

Sinnott, J. D. (1987). *Memory for action taken.* Paper presented at Eastern Psychological Association, Arlington, VA.

Sinnott, J. D. (1986). *New approaches to the study of problem solving.* Invited paper presented at Penn State University Graduate Colloquium, University Park, PA.

Sinnott, J. D. (1986). *Everyday memory: With equal practice does age influence forgetting rate in a two year period?* Paper presented at the Gerontological Society, Chicago. Available through ERIC, ED 276911, RIE May 87.

Sinnott, J. D. (1985). Social cognition: The construction of self-referential truth? In D. Kramer (Chair), *Social cognition in adulthood: An emerging discipline.* Symposium conducted at the Gerontological Society, New Orleans, LA.

Sinnott, J. D. (1985). *Models of everyday problem solving for young, middle-aged, and older adults: Piaget's theory extended.* Paper presented at International Society for the Study of Behavioral Development, Tours, France.

Sinnott, J. D. (1985). *Self-referential thought over the lifespan.* Invited paper presented at the Harvard Conference on Postformal Piagetian Operations,

Cambridge, Massachusetts.

Sinnott, J. D. (1985). *Prospective memory*. Invited paper presented at the Talland Memorial Conference on Everyday Cognition, Cape Cod, Massachusetts.

Sinnott, J. D. (1985). *General systems theory and memory studies*. Paper presented at the Talland Memorial Conference on Everyday Cognition, Cape Cod, Massachusetts.

Sinnott, J. D. (1985). *How does it feel to be old?* Paper presented at the Maryland Science Center, Baltimore, MD.

Sinnott, J. D. (1985). *Techniques for improving problem solving: A systems approach*. Paper presented at Arthur Young, Inc. Managerial Training Center, Reston, VA.

Sinnott, J. D. (1984). *Making the world work*. In J. **Sinnott**, Chair, *Aging and problem solving*. Symposium conducted at the Gerontological Society, San Antonio, Texas.

Sinnott, J. D. (1984). *Effect of age and time on prospective and incidental everyday memory*. In J. **Sinnott**, Chair, *Everyday memory*. Symposium conducted at the American Psychological Association, Toronto.

Sinnott, J. D. (1984). *Everyday memory and solution of everyday problems*. Paper presented at Eastern Psychological Association, Baltimore, MD.

Sinnott, J. D. (1984). *What can systems theory contribute to the study of aging?* Paper presented at the Gerontology Research Center, NIA, Baltimore, MD.

Sinnott, J. D. (1983). *Examining individuals' strategies on everyday problems using a thinking out loud approach*. In L. Giambra (Chair), *Understanding problem solving from a gerontological perspective: Today's status, tomorrow's research, and some new ideas*. Symposium conducted at the Gerontological Society, San Francisco, CA.

Sinnott, J. D. (1982). *Do adults use a postformal "theory of relativity" to solve everyday logical problems?* In J. Cavanaugh & D. Kramer (Chairs), *On missing links and such: Interfaces between cognitive research and everyday problem solving*. Symposium conducted at the Gerontological Society, Boston, MA.

Sinnott, J. D. (1982). *Older women, older men: Are their perceived sex roles*

similar? Paper presented at Eastern Psychological Association, Baltimore, MD.

Sinnott, J. D. (1981). *Post-formal reasoning in interpersonal situations.* Paper presented at the Harvard University Symposium on Post-Formal Operations, Cambridge, MA.

Sinnott, J. D. & Norris, A. (1981). *Cognition and physiology: Relations observed in Baltimore Longitudinal Study of Aging participants.* Paper presented at Gerontological Society Meeting, Toronto.

Sinnott, J. D. (1981). *Sex roles in old age.* Paper presented at Meeting of the International Gerontological Society, Hamburg, Germany.

Sinnott, J. D. (1980). *Strategies in developing ecologically valid ability measures for mature adults.* Symposium organized for American Psychological Association Convention, Montreal, Canada.

Sinnott, J. D. (1980). *Aging and behavior: What develops and what changes.* Paper presented at conference "Aging in the 80's", Baltimore, MD.

Sinnott, J. D. (1980). *Contributions of dialectical theory to a study of elders' sex-role development.* Paper presented at American Psychological Association Convention, Montreal, Canada.

Sinnott, J. D. (1980). *Correlates of sex-role complexity in older adults.* Paper presented at the Eastern Psychological Association, Hartford, Connecticut.

Sinnott, J. D. (1980). *Five myths about aging.* Paper presented at Faculty Colloquium, Towson State University, Baltimore, MD.

Sinnott, J. D. (1980). *Role flexibility: Is it a coping mechanism?* Paper presented at Gerontological Society, San Diego, CA.

Sinnott, J. D. (1979). *A Piagetian dialectical approach to ecologically valid measures of adult intellectual development.* Paper presented at the Ninth Symposium of the Jean Piaget Society, Philadelphia, PA.

Sinnott, J. D. (1979). *Adult intellectual development as social-cognitive growth: A model.* Paper presented at the 31st Annual Scientific Meeting of the Gerontological Society, Dallas, Texas, Nov. 1978. Available on ERIC.

Block, M. & **Sinnott, J. D. (1979).** *The battered elder syndrome: An*

exploratory study. Paper presented at the Gerontological Society, Washington, D.C.

Sinnott, J. D. (1979). *The measurement of lifespan intelligence*. Paper presented at the School of Medicine, University of Maryland, Baltimore, MD.

Sinnott, J. D. (1978). *Alternative concepts of intelligence in adulthood*. Paper presented at Towson State University Faculty Colloquium, Baltimore, MD.

Sinnott, J. D. (1978). *Family relations and long-term chronic care of the elderly*. Paper presented at Levindale Conference on Chronic Care of the Elderly, Baltimore, MD.

Guttman, D., **Sinnott, J. D.**, & Carrigan, Z. (1977). *Patterns of drug use in older Americans*. Paper presented at National Drug Conference, San Francisco, CA.

Sinnott, J. D. (1976). *Formal operations in adults*. Paper presented at the Eastern Psychological Association, New York, NY.

Book Prospectus Under Review

Sinnott, J.D. (Ed.). "Identity Flexibility during Adulthood" (tentative title). NY: Springer.

Types of Courses Taught

The following are usually offered as both undergraduate and graduate courses: Research Methods in Psychology; Psychology of Aging; Midlife Development; Diverse Theories in Psychology (encompassing Existential, Transpersonal, Body-mind, and Positive Psychological theories); Thesis Advisement; Independent Research; Honors Human Development Program (series of courses); Special Topics

Selected Honors Awarded

American Psychological Association, named Fellow
American Psychological Society, named Fellow
Gerontological Society of America, named Fellow
Nominated for National Science Foundation Faculty Award for Women Scientists
NIMH Grantee

Retirement Research Foundation Grants
National Institute on Aging, Postdoctoral Fellowship
National Institute on Aging, Research Grants
Administration on Aging, Research Grants
Towson University Faculty Research Awards/Grants
Fellowship Nominee, Center for Advanced Study in the Behavioral Sciences
University Merit Awardee
Sigma Xi Research Honor Society
Psychology Department Center Director, Center for Study of Adult Development & Aging
Named to Steering Committee, Institute for Noetic Science
Invited plenary Speaker, numerous national and local conferences
Honored at T.U. President's Dinner for Sponsored Project Awardees
T.U. Nominee, National Science Foundation's Faculty Awards for Women Scientists
Named to One Thousand Great Americans, 2001 (ongoing)
Who's Who in the World, 18th Edition, 2001 (ongoing)
Who's Who Among America's Teachers 2000 (ongoing)
Who's Who in Research, 2000 (ongoing)
"Most Creative Professor" Award, Psi Chi Psychology Honors Society, 1997-8
Author of Choice magazine's "Academic Book of the Year, 1995" (for Interdisciplinary Handbook of Adult Lifespan Learning)
Who's Who in Science and Medicine (ongoing)