in collaboration with Northwestern University School of Professional Studies

SUMMER 2025

PUBLIC HEALTH ACROSS THE LIFESPAN

This course provides a comprehensive overview of key public health topics across the human lifespan, from prenatal health to aging care. We will examine major health challenges, interventions, and policies that impact individuals at each life stage. By focusing on health disparities. preventive care, and the role of public health systems, the course equips us with the knowledge and skills to understand health issues in diverse populations. Through readings and case studies, we will gain insight into the life-course approach to public health, emphasizing the importance of early intervention, continuous care, and aging with dignity.



Click here to view promo video.

YOUR INSTRUCTOR: Michelle Boyd, MPH



Michelle Boyd is an epidemiologist and public health researcher dedicated to advancing health equity through data modernization and effective health communication. With a focus on infectious disease data collection, surveillance, and maternal and child health, she brings expertise in analyzing public health data to uncover meaningful patterns and trends. Boyd holds a Master of Public Health in epidemiology from Indiana University Indianapolis and BS in human communication sciences from Northwestern University. Boyd is a board member for Fearless Brown Girls, a nonprofit organization aimed at empowering young girls and increasing financial literacy. Her passion for health equity and public health education drives her commitment to improving healthcare outcomes through data and community engagement.

WEDNESDAYS, JULY 9 THROUGH AUGUST 13

1pm AK | 2pm PT | 3pm MT | 4pm CT | 5pm ET

- Each live session is 90 minutes
- Wednesday, July 9
- Wednesday, July 9Wednesday, July 30Wednesday, August 6
- Wednesday, July 23
 Wednesday, August 13

Wednesday, July 30

To register, please contact your local Osher Institute.