## **FALL 2025**

# OSHER

AT TOWSON UNIVERSITY

## ONLINE PREVIEW

**AUGUST 4** 

View Preview Recording online by visiting www.towson.edu/osher

#### **SESSION I**

**SEPTEMBER 8 - OCTOBER 3** 

#### **SESSION II**

**OCTOBER 13 - NOVEMBER 7** 







#### A NOTE FROM THE DIRECTOR

Hello Lifelong Learners,

It's time to sharpen those #2 pencils and get ready for a new school year! I hope you are as excited as we are to head back to classes this fall. Whether you are a tried-and-true Osher member or brand new, we welcome you to the fall semester!

This fall, we are especially excited because we are expanding our partnership with Edenwald Senior Living. Instead of just one day a week, we will have our in-person classes meet at Edenwald three days—Tuesdays, Wednesdays, and Thursdays. Why is this so exciting, you ask? Apart from the great location and beautiful facilities, Edenwald has been a fantastic partner for Osher over the last five years. They always make us feel welcome with friendly and supportive staff and residents. Free parking is available for Osher members directly across from the building. This is possible thanks to the gracious Edenwald staff who park elsewhere while Osher classes are in session. The culinary staff has Osher on their radar with great food in the café. Enjoy a quick snack, a beverage, or lunch with other Osher friends between classes.

Whether you are taking courses in person, through Zoom, or both—we aim to pique your curiosity with a great lineup of topics.

Thank you for including Osher at Towson University in your life!

Warm regards,

Tracy Jacobs

#### Fall 2025 - Important Information

- Fall 2025 classes will be a mixture of Zoom and in-person classes
- In-person classes will be held at Edenwald Senior Living in Towson
- Zoom classes will be held on Mondays and Fridays
- The best way to reach Osher staff is by email: osher@towson.edu or by phone: 410-704-3688
- To receive all Osher announcements please make sure you are on the Osher email list. Please read the Osher News & Notes Newsletter which is emailed on a bi-weekly basis. If you are not receiving the newsletter, contact osher@towson.edu to notify Osher staff.
- Online course registration is strongly encouraged. If you wish to mail your registration and/or payment, you must also email osher@towson.edu to let us know that it has been sent by mail.
- We are unable to accept walk-in registrations

## FALL 2025 SCHEDULE OF CLASSES

\*Please note course description for course start dates

	Monday ZOOM	Tuesday EDENWALD	Wednesday EDENWALD	Thursday EDENWALD	Friday ZOOM		
SESSION I (SEPTEMBER 8 – OCTOBER 3)							
9:30 a.m.	Rock Songs, 1950s- <b>1970</b> s	The Guitar	Indians and US Policy	Beer, Bread, and Brothels	Museum of Lost Art		
11 a.m.	From Realism to Abstract Art (11:15 a.m.)	Legacy of Roman Britain	Ethics	Great Women Photographers	Fighting Slavery in America, Pt. 2 (6-week course)		
1 p.m.	Writers of the 1920s	History of Women's Fashion, Pt. 2	One Hundred Years of Solitude	The Infancy Narratives  Woody Allen Films (1–4 p.m.)	Films of Gene Hackman		
2:30 p.m.	F. Scott Fitzgerald			MAHA Movement			
SESSION II (OCTOBER 13 – NOVEMBER 7)  Osher break week is October 6–10							

9:30 a.m.	Impact of Gaza War on United States	The Guitar	Indians and U.S. Policy	Beer, Bread, and Brothels	
11 a.m.	From Realism to Abstract Art (11:15 a.m.)	Legacy of Roman Britain	Roots of the Blues	Down the Garden Path	Fighting Slavery in America, Pt. 2
1 p.m.	Films of Denzel Washington	Artificial Intelligence	Reclaim Your Health & Vitality	The Infancy Narratives  Woody Allen Films (1 - 4 p.m.)	Jane Fonda
2:30 p.m.	F. Scott Fitzgerald			MAHA Movement	Rock Songs, 1980s–Today

#### OSHER LIFELONG LEARNING INSTITUTE

AT TOWSON UNIVERSITY

#### **LOCATION OF CLASSES**

Edenwald Senior Living: **800 Southerly Road, Towson, MD 21286** 

Online: Zoom

#### **LOCATION OF OFFICES and OFFICE HOURS**

Our Osher offices are located at 401 Washington Avenue, Towson, MD 21204.

9 a.m.-4 p.m. | Monday-Friday

IMPORTANT: Office hours are by appointment only.

#### **MAILING ADDRESS**

Osher at Towson University 401 Washinton Ave, 3rd Floor Towson, MD 21204-0001

#### **CONTACT US**

Email: osher@towson.edu

Website: www.towson.edu/osher

Phone: 410-704-3688 (Leave a message and you will receive a response as quickly as possible.)

#### Staff

Tracy Jacobs, director

410-704-3437, tjacobs@towson.edu

**Jessica Tye,** membership coordinator

410-704-3688, jtye@towson.edu

**Trish Roger,** *administrative assistant* 410-704-3535, proger@towson.edu

#### **Osher Advisory Council**

Deborah Anderson Tracy Jacobs (staff) Ruth Spivak

Lynda Anozie Colleen Lamont Jessica Tye (staff)

Charlene Couch Ilene Lewandowski Jane Wolfson

Sandy Goldberg Nancy Peper

Towson University's policies, programs and activities comply with federal and state laws and University System of Maryland regulations prohibiting discrimination on the basis of race, color, religion, age, national origin, sex, disability and sexual orientation.

Towson University is a smoke-free campus.

Your participation in Osher Lifelong Learning Institute at Towson University constitutes implied consent to be photographed, video recorded, and to have those images published in any manner, including use on web pages and social media outlets. Should you have questions, please contact the director.

#### OSHER LIFELONG LEARNING INSTITUTE

#### AT TOWSON UNIVERSITY

#### SCHEDULE OF CLASS LOCATIONS



#### **MONDAYS AND FRIDAYS**

Classes will meet online via Zoom

- Enjoy classes from your home or wherever you can connect
- Most Zoom classes are recorded and available to registrants to view if they have missed a class or would like to review a lesson



#### **TUESDAYS - THURSDAYS**

Classes will meet at Edenwald Senior living in Towson, located at 800 Southerly Road, Towson, MD 21286.

- Enjoy the camaraderie of in-person learning
- Convenient location near the Towson Town Center mall
- Ample free and accessible parking
- Comfortable and welcoming atmosphere with auditorium and multipurpose classroom
- Stay for lunch-purchase a lunch (or brown bag it) and dine with friends in Edenwald's café

#### WE ARE ALL VALUED AND RESPECTED.

When you join Osher at Towson University, you are part of a community. Our courses, lectures, interest groups and social activities all offer the opportunity for lively discussions and a chance to develop new friendships. We strive for a culture of kindness, respect, inclusiveness, patience and understanding. All members of the Osher community — students, instructors and staff — are expected to behave in a way that enables a positive and enjoyable learning experience for everyone.

Osher participants are expected to engage with each other with civility, kindness and respect. Classroom dialogue may prompt disagreement and informed debate as a valued part of the academic experience. Demeaning, offensive, disrespectful, violent, or otherwise hurtful language or behaviors will not be tolerated and could result in dismissal from the program at the sole discretion of the director.

Some ideas to optimize the learning experience:

- Strive to be on time.
- Silence or turn off your phone and other devices.
- Don't interrupt, turn to technology or engage in private conversations while others are speaking.
- Be open to learning from others.
- Everyone has the right to be heard. One speaker at a time.
- Avoid dominating the conversation. Allow others to participate.
- Listen respectfully. Listen to understand, not to respond.
- Assume good intent and be able to respectfully disagree.
- Practice grace. Remember that we are all human.

#### **ENDOWED BY**

#### THE BERNARD OSHER FOUNDATION

#### ABOUT OSHER AT TOWSON UNIVERSITY

#### **HISTORY AND MISSION**

Founded in 1999 with its first home in the historic Auburn House on the Towson University campus, the Auburn Society became the Osher Lifelong Learning Institute at Towson University in the summer of 2006 when it was awarded its first grant from the Bernard Osher Foundation. Osher is part of the university's Division of Strategic Partnerships and Applied Research (SPAR).

The mission of Osher is to offer opportunities for continued learning along with programs and activities for social and cultural enrichment geared toward adults who are 50 and older. The basic concept of the organization is that learning is a life-long process and is enhanced in a congenial atmosphere with others who share a love of learning. There are no educational prerequisites for membership and no grades or credits are given.

Osher is a self-funded, membership organization, endowed by the Bernard Osher Foundation since 2009. Its programs and activities are planned and carried out by staff and member volunteers through committees. These committees include curriculum, membership engagement, philanthropy, and classroom facilitation.

#### THE ACADEMIC PROGRAM

Osher has fall and spring semesters each year. Each semester is divided into two four-week sessions. Some classes are only four weeks in length while others are eight weeks. This catalog describes the academic program for the FALL 2025 SEMESTER.

The dates are: Session I: September 8 - October 3

Session II: October 13 - November 7

Break week: October 6 - 10

Classes are held on Monday, Tuesday, Wednesday, Thursday, and Friday at 9:30 a.m., 11:00 a.m., 1:00 p.m., and 2:30 p.m. unless stated otherwise. Each class meets once a week for one hour and 15 minutes unless stated otherwise in this catalog. Fall 2025 courses will meet both in-person and online via Zoom. Zoom classes will be held on Mondays and Fridays, while in-person classes will be held on Tuesdays, Wednesdays, and Thursdays.

In addition to the fall and spring semesters, Osher offers winter and summer lecture series.

#### OTHER PROGRAMS

In addition to its academic programs, Osher at Towson University offers special lectures, book clubs, interest groups, and day trips.

#### OSHER ONLINE™

Osher at Towson University is excited to offer additional online programming through the Osher Online™ program, in collaboration with the National Resource Center for Osher Institutes. Osher Online™ classes are offered quarterly. Each 6-week course meets for 90-minutes one day per week. Each quarter, a variety of courses are offered in various topic areas. These courses are offered separately from the Osher at Towson University fall and spring semester offerings. Membership is required to enroll. Each course is priced separately. Taught by an array of well-qualified instructors, the Osher Online™ program does not replace the semester online courses. Rather, it supplements our semester courses and gives members the opportunity to take classes with Osher members from across the country.

#### OSHER CODE OF CONDUCT

The Osher Lifelong Learning Institute at Towson University adheres to a policy of mutual respect between members, instructors, volunteers, staff, and the campus community. By joining Osher at Towson University, members agree to uphold the shared values of mutual respect, personal and academic integrity, and civil discourse.

- Members will not behave in a hostile, dismissive, or derogatory way toward anyone in the Osher community or others in University community.
- Members will be tolerant and respectful of diverse opinions and thinking.
- Members will not be disruptive in class or other activities.

The success of this policy relies on each participating individual upholding these values so that everyone can enjoy this educational community.

Osher members should contact the Director if there are any concerns or if they have witnessed behavior that is in violation of this Code of Conduct. The Director, in consultation with the Council Chair and the Osher Advisor, will investigate the issue and take the appropriate action to address any violations.

#### MEMBERSHIP AND REGISTRATION

#### OSHER MEMBERSHIP

Membership in Osher is required to take classes. Membership is geared to individuals age 50 and better and their spouses. Annual dues, effective July 1-June 30, are \$60 per person. Membership fees support operating costs of the organization.

#### **TUITION**

The fee for one four-week course is \$74. The fee for two four-week courses or one eight-week course is \$148. The fee for three four-week courses or one eight-week course plus one four-week course is \$222. An unlimited number of courses may be taken during the semester for \$250.

#### REGISTRATION

#### Online registration will become available on August 5, 2025 at 12:01 a.m.

Online registration is strongly encouraged. If you are unable to register online, you may download and print out the **registration form**. You must be a current member to register for classes.

RENEW OR JOIN | REGISTER FOR FALL 2025

#### INCLEMENT WEATHER POLICY

To best ensure our members' safety, Osher will follow the guidelines below for delays and closures during inclement weather. Regardless of Osher's status, please use your best judgment regarding your safety in traveling during inclement weather.

For Tuesday, Wednesday, and Thursday classes, please follow these Emergency Closing/Inclement Weather guidelines.

#### **TOWSON UNIVERSITY DELAYS/CANCELLATIONS\***

**Towson University CLOSED** = Osher classes CANCELLED

Towson University OPEN at 10 a.m. | Osher's 9:30 a.m. CLASS CANCELLED: First Osher CLASS BEGINS at 11 a.m.

Towson University OPEN at 11 a.m. = First Osher CLASS BEGINS at 1 p.m. Towson University OPEN at Noon = First Osher CLASS BEGINS at 1 p.m.

\*NOTE: The 401 Washington Avenue building follows Towson University schedule as building closures may be in effect.

#### **BALTIMORE COUNTY PUBLIC SCHOOL DELAYS/CANCELLATIONS**

**Baltimore County Schools CLOSED** 

Osher classes CANCELLED

**Baltimore County Schools OPEN LATE** 

NO CHANGES to Osher Class Schedule unless Towson University is closed or opening late (refer to schedule above)

#### **COVID-19 POLICIES AND PROTOCOLS**

We are committed to the health and safety of all our Osher members and instructors. In-person classes provide camaraderie and a sense of community. To ensure everyone's safety in the classroom, we will follow all the public health and safety guidelines that are in place. We will also follow the guidelines that are established at the locations where we host our inperson courses. Important policy guidelines will be provided by email before the start of classes.

#### **ZOOM COURSES**

Online courses will meet via Zoom. Zoom links will be sent to those who are registered for the specific online course. These links are not to be shared with others.

#### **CLASS MEETINGS AND ATTENDANCE**

Registration is required and attendance will be monitored for the courses.

#### OSHER'S POLICY ON JEWISH HOLIDAYS

The Osher Institute follows Towson University's general policy as related to Jewish holidays, which is to hold classes as scheduled. However, an individual teacher may reschedule his/her class if desired. If a class has been rescheduled, it will be stated in the catalog after the description of the particular course affected.

## **DID YOU KNOW...?**

#### THE OSHER LIFELONG LEARNING INSTITUTE NETWORK

- There are over 120 Osher Lifelong Learning Institutes, often referred to as OLLIs, on college and university campuses in all 50 states and the District of Columbia.
- There are over 130,000 members nationwide.
- Osher Institutes are all unique, but each has the mission to design non-credit learning and social opportunities for adults age 50+, and each is part of a college or university.

### No tests, no grades, no homework. Learning simply for the joy of learning.

#### THE OSHER NATIONAL RESOURCE CENTER (OSHER NRC)

- The Osher NRC is a non-governing center of excellence.
- It's hosted by Northwestern University School of Professional Studies.
- The Osher NRC produces the Osher Institutes National Conferences, a digital resource library, Osher Online shared courses and other valuable tools, training, and resources.
- The Osher NRC helps Osher Institutes thrive by
  - **Connecting** Institutes to each other and to resources
  - **Collaborating** With and among institutes and community partners
  - **Consulting** Helping Institute leaders find solutions
  - Celebrating Successes, camaraderie, and growth



The Bernard Osher Foundation, headquartered in San Francisco, was founded in 1977 by respected businessman, philanthropist and community leader Bernard Osher. The Foundation seeks to improve quality of life through innovative funding in higher education and the arts. The Foundation supports the national network of Osher Lifelong Learning Institutes.

Click here to view a brief animated video history of The Osher Institute Legacy of Bernard Osher.

## Osher Online

Osher Online™ offers shared online learning for members of participating Osher Lifelong Learning Institutes from across the United States. Experienced instructors lead unique and high-quality courses which supplement and complement the local Osher curriculum.

We are excited to offer Osher at Towson University members more course options through the Osher Online program. Study with subject matter experts, learn with Osher members from across the country and experience this exciting new opportunity.

- Osher Online courses are offered quarterly in the fall, winter, spring and summer with a variety of 6-week courses.
- Each class is 90 minutes long.
- Sessions meet live and are not recorded.

Visit www.towson.edu/OsherOnline to learn more and register.







WHAT PEOPLE ARE SAYING ABOUT THEIR OSHER ONLINE™ EXPERIENCES

I love taking online classes and the quality of the classes that are offered from Osher Online is just fantastic!"

> The wide range of people from all over the country added to the great content."

My expectations were exceeded. Having knowledgeable classmates made the course very enjoyable. Both the instructor and moderator were particularly good."

> This was my first Osher Online class, but it will not be the last!"

## THANK YOU TO THE SUPPORTERS OF OSHER LIFELONG LEARNING INSTITUTE

## SPECIAL THANK YOU TO OUR DONORS

We are deeply grateful to our donors for supporting the Osher Lifelong Learning Institute at Towson University. Philanthropic gifts to Osher at Towson University enrich the program in many ways. Donations to Osher at Towson University help support technology upgrades, attract and retain great instructors, and keep tuition fees affordable. Thank you for demonstrating your belief in the importance of lifelong learning and your commitment to such a worthwhile program.

## STRENGTHEN THE FINANCIAL FOUNDATION OF OSHER AT TOWSON UNIVERSITY. GIVE A GIFT!

Tax-deductible contributions to Osher are greatly appreciated and are important to its current and future operations. There are six funds to which you may give.

**Osher Excellence Fund,** (formerly the Osher Sustaining Fund), established in 2015, supports special program-related expenses and insures the ongoing success of Osher for years to come.

Patty Beere Ruby Memorial Fund, established in 2008 to honor the memory of Patty Beere Ruby, provides funding to celebrate and promote the Osher program.

Lou Cedrone Memorial Fund, established in 2015 to honor the memory of Lou Cedrone, Osher faculty member, 2000–2015, supports film courses at Osher.

**Osher Lifelong Learning Endowment,** awarded to the Osher Lifelong Learning Institute at Towson University in 2009 by the Bernard Osher Foundation, provides ongoing support for the Osher Institute.

R. Rex Rehfeld Endowment, established in 2016, sponsors Osher courses in honor of Osher faculty member, Rex Rehfeld.

**Jacqueline L. and Eric K. Gratz Endowment for Lifelong Learning,** through this legacy gift, the Gratz's have established an endowment that demonstrates their dedication to the Osher at Towson University organization and the pursuit of lifelong learning.

#### **GIVE A GIFT!**

If you wish to donate by check, please indicate the fund to which you prefer to give. Please include notation that the gift is to Osher at Towson University. If you have no fund preference, your gift will go into the Osher Excellence Fund. Make check payable to **Towson University Foundation, Inc.** and mail to: **Towson University Foundation, Inc.**, P.O. Box 17165, Baltimore, MD 21297-0219.

## SPECIAL THANK YOU TO OUR VOLUNTEERS

Osher thrives with the help of our volunteers. Whether they participate on a committee, facilitate a book club or discussion group, Osher volunteers are integral to the success of our program. Throughout the past several years, some Osher groups have remained active while we held meetings via Zoom. Keep an eye out for Osher emails for ways to stay involved. A huge "thank you" to all the Osher volunteers. We can't have a successful program without you!

We extend a special "thank you" to our volunteer instructors this semester: Father Robert Albright and Jacqui Hedberg.

#### WAYS TO GET INVOLVED AS AN OSHER VOLUNTEER

If you are an Osher member wondering how to get more involved at Osher as a volunteer, here are some great options:

#### PARTICIPATE ON AN OSHER COMMITTEE

Advisory Council—The Osher Advisory Council is comprised of members who serve in an advisory capacity to the Osher staff. The Advisory Council members act as ambassadors to the Osher membership and community on behalf of Osher at Towson University. Advisory Council members participate in bi-monthly meetings, provide important insights and feedback, and help to shape the direction of the organization. A call for new council members will occur in the spring semester.

Classroom Facilitation Committee—Classroom facilitators are essential to our courses. Classroom facilitators make important announcements at the beginning of each class, assist instructors with audio-visual needs, put out attendance sheets, and act as a liaison between instructors and staff during class meetings. Training on audio-visual equipment is provided to committee members and staff/technical support is available to support facilitators and instructors as needed.

Curriculum Committee—Members of the Osher Curriculum Committee review course proposals, provide feedback on instructors and courses, and assist in determining program offerings. This committee meets several times each year to discuss potential classes, instructors, and programs.

Day Trip Committee—Osher members love to participate in local and regional day trips, but they involve planning. This small group works with Osher staff to plan details of trips including locations, itineraries, and marketing.

Membership Engagement Committee—Membership engagement is vital to the sense of community that Osher provides. People serving on this committee ensure that Osher members feel welcome and informed. They help plan Osher social events, connect with new members, and identify ways to foster camaraderie among Osher members.

Shared Interest Group Facilitators—Share your interests with others at Osher. Facilitators organize book clubs, writing groups, and other groups for interested members.

Please consider volunteering at Osher by participating on a committee or leading a shared interest group. Contact OSHER@TOWSON.EDU to let us know if you are interested in being a volunteer and we will follow up with you.

#### CURRICULUM FALL 2025

#### ARTS, CULTURE & HUMANITIES



THE GUITAR: ITS MAGIC AND HOW IT CONQUERED THE WORLD

Jonathan Palevsky

#### Sessions I and II Tuesdays, 9:30 a.m. (begins September 9) Fee: \$148 (\$74 for each session)

The first thing that comes to mind when one thinks of the guitar is Spain and there is indeed a centuries long tradition of great classical guitar music and performers from the Iberian Peninsula. However, the guitar has a long tradition in our country and around the world. In fact, it would be hard to find a country where this six-string chordophone hasn't made a substantial impression. The guitar is used in every conceivable type of music from the artiest of art music to the folksiest of folk music. It is used in classical, country, folk, jazz, blues and rock music. The guitar comes in a mind-bending variety of different shapes, colors, and sizes including electric, acoustic, 7-string, 12-string and almost every other number of strings imaginable. Come and explore the amazing music and performers of this instrument that has changed the world. Show and tell included!

Jonathan Palevsky, B.M., M.M., is program director for WBJC. His undergraduate studies focused on musicology and his graduate work at Baltimore's Peabody Institute focused on instrumental training in classical guitar performance. Jonathan can be heard as host of Face the Music, Past Masters, WBJC Opera Fest and regular afternoon classical programming on WBJC. He also hosts Cinema Sundays at the Charles Theater. Jonathan has been a regular of the Osher faculty since the former Auburn Society's first semester in spring 1999.



**ROOTS OF THE BLUES** 

Seth Kibel

#### Session II Wednesdays, 11:00 a.m. (begins October 15) Fee: \$74

Explore the origins of the blues in post-Reconstruction times and discuss such seminal musicians and songwriters as W.C. Handy, Mamie Smith, Bessie Smith, "Ma" Rainey, Alberta Hunter, Ethel Waters, Robert Johnson, Sonny Boy Williamson, T-Bone Walker and others. Trace the history of this music from its origins in the Antebellum South, the brief blues "craze" of the 1920s, and the northward migration of African Americans to Chicago, culminating in the electrified blues of McKinley Morganfield, a.k.a. Muddy Waters in the 1950s. Classic audio recordings, vintage video clips and live performances from the instructor himself will keep these lectures as lively and interesting as the music itself.

Seth Kibel is one of the Mid-Atlantic's premier woodwind specialists, working with some of the best bands in klezmer, jazz, swing, and more. Wowing audiences on clarinet, flute, and saxophone, Seth has made a name for himself in the Baltimore-Washington region, and beyond. He is the featured performer with The Kleztet, Bay Jazz Project, Music Pilgrim Trio, The Natty Beaux, and more. Winner of 28 Washington Area Music Awards (Wammies), including "Best World Music Instrumentalist" and "Best Jazz Instrumentalist."

Make sure you are getting Osher emails and newsletter. Email osher@towson.edu.



THE BEST ROCK SONGS OF ALL TIME: FROM THE '50S THROUGH THE '70S

**Emanuel Abramovits** 

#### Session I Mondays, 9:30 a.m. (begins September 8) Fee: \$74

Put music fans in the same room and inevitably, they will ask each other 'what's your favorite song?.' If we talk about rock fans, there will be some choosing "Smoke on the Water," "Bohemian Rhapsody," or "Stairway to Heaven," while many will have other choices. In this course, students will learn about the birth of rock and roll, the energy of the music and the stories behind the songs that have been the soundtracks of their lives, featuring artists such The Beatles, The Rolling Stones, The Who, Jimi Hendrix, Led Zeppelin, Pink Floyd, Bob Dylan, Queen and more. With audiovisuals, stories and anecdotes, let's discuss what makes these songs great, the context when they became classics, the songwriters, the performers, their cultural significance and their resonance across time.



#### THE BEST ROCK SONGS OF ALL TIME: FROM THE '80S TO TODAY

**Emanuel Abramovits** 

#### **Session II** Fridays, 2:30 p.m. (begins October 17) Fee: \$74

Rock music is constantly evolving. If the '60s and '70s gave us great rock classics, the '80s, '90s and the present century have been wonderful times to enjoy the music of Guns and Roses, Rush, Heart, Tom Petty, Bruce Springsteen and dozens of other great artists. We will discuss what makes their songs great, the context when they became classics, the songwriters, the performers, their cultural significance and their resonance across time. We will look ahead to the future of rock music — the technology, the threats and the challenges.

Emanuel Abramovits is a mechanical engineer with an MBA and has been a concert promoter since 2000, directly involved in many events by international artists. He designed and staged many original orchestral events, including an "Event of the Year" winner and several world premieres. He served as the cultural director at Union Israelita de Caracas from 2008 to 2019, releasing books, organizing film cycles, concerts, and art exhibits. He has been consistently teaching online and in presence across the U.S. since 2020.



FROM REALISM TO ABSTRACT ART Joseph Cassar

#### Sessions I and II Mondays, 11:15 a.m. (begins September 8) Fee: \$148 (\$74 for each session)

NOTE: This course will not be recorded.

This course addresses the fundamental question of how abstract art came about. Why did artists abandon traditional subject matter for art that focuses on color, line and shape, among other things, to create a new form of expression? We will discuss the historical development from art of ancient civilizations to that of the present day. Learn how art has always been representative of the time in which it was produced. Artists ranging from Magritte to Mondrian, Picasso to Theo van Doesberg, Naum Gabo to Antonio Sant'Elia, among many others, will be covered. This course is rich in visual images that invite questions and discussion.

Joseph Paul Cassar is professor of art and graphic communications at the University of Maryland Global Campus. He has been engaged in designing online art courses for the university as well as for the New York Knowledge Network. He has lectured at the University of Malta for the Faculty of Education, Mediterranean Institute, Faculty of Theology and formed part of the art department with the Faculty of Arts, where he lectured on the modern and contemporary period. He is the author of several award-winning art books with a special focus on Maltese modern artists. In addition to presenting at area institutions, Cassar has lectured at the Baltimore Museum of Art, the Walters Art Museum and at the Smithsonian Institution. Cassar is also a practicing artist who exhibits his works regularly in the Baltimore-Washington D.C. area. Cassar keeps Malta at heart, visits regularly and maintains a studio in Xemxija.



## **GREAT WOMEN PHOTOGRAPHERS (PART 1)**Steve Dembo

#### Session I Thursdays, 11:00 a.m. (begins September 11) Fee: \$74

Women have been involved with photography since its inception. Their male contemporaries are far better known with well-documented images and lives. In this course, we will learn about the great women photographers who are equal to their male peers, if not better. We will explore the very early women pioneers such as Clementina Maude, Viscountess Hwarden, Anna Atkins, Julia Margaret Cameron, Zaida Ben-Yusef and others from the 19th and early 20th centuries. We will discuss their methods as we view the many images they have created.

Steve Dembo received his M.F.A. from MICA. He is an adjunct professor at CCBC, where he teaches digital photography, digital imaging, and 2-D design. His photographic work has been critically acclaimed, has garnered numerous competitive awards and accolades, and has appeared in national publications and juried exhibitions. He has taught several courses at the Osher Lifelong Learning Institute at Towson University. He spent 30 years as a college administrator in Connecticut, New York, and Maryland. He has been an instructor in history at York College-CUNY, Norwalk Community College, Community College of Baltimore, and Howard Community College.



**MUSEUM OF LOST ART** 

Jim O'Leary

#### Session I Fridays, 9:30 a.m. (begins September 12) Fee: \$74

Explore this imaginary museum which holds more masterpieces than all the world's museums combined — lost, stolen, damaged or destroyed pieces of art, some even stolen multiple times. We feature treasures of King Tut's tomb, the Terra-Cotta Army, the Book of Kells, the Mona Lisa, Van Gogh's Sunflowers, Monet's Water Lillies and dozens more. We will learn how much art has been stolen, lost, damaged or destroyed over time. We will discuss the many reasons why art is stolen and why some art has been intentionally destroyed. Discover how many famous works of art have been lost to history and how some have been recovered.

Jim O'Leary is a lifelong educator specializing in science but with an enduring interest in art and the intersection of science and art. In preparing for a previous course on Vincent van Gogh, he came across several incidents of van Gogh's art being lost and destroyed, which led to investigating the topic of lost masterpieces.



EIGHT PLAYS EVERYONE SHOULD KNOW, **FALL 2025 EDITION** 

**Greg Jones** 

#### Sessions I and II Wednesdays, 1:00 p.m. (begins September 10) Fee: \$148 (\$74 for each session)

In this edition of the popular series, students will look at plays by or about strong female characters. In addition to comments about the plays' context and place in the literary and theatrical canon, the course will be illustrated by performance clips and, where possible, live performances by celebrated local actors. Lively discussion is encouraged. Links to the scripts and online performances will be given in advance, but no prior preparation or attendance in previous classes is required. The eight plays to be considered are: "Medea" by Euripides, "Trifles" by Susan Glaspell, "Major Barbara" by George Bernard Shaw, "Hedda Gabler" by Henrik Ibsen, "Auntie Mame" by Jerome Lawrence and Robert E. Lee, "Night, Mother" by Marsha Norman, "Intimate Apparel" by Lynn Nottage and "The Children" by Lucy Kirkwood.

Greg Jones has appeared in more than 60 stage productions and has written 10 full-length plays. He most recently received the 2024 WATCH Award for Best Featured Performance in a Play for "The Winslow Boy" in Annapolis. He has a B.A. in drama from Catholic University and an M.A. in English literature from Salisbury University. He has taught English, literature, and film in colleges in Delaware, Maryland and Virginia and serves on the board of the Anne Arundel County Scholarships for Scholars program.



#### INSTINCTIVE INTENSITY: THE FILMS OF GENE HACKMAN

**Arnold Blumberg** 

#### Session I

#### Fridays, 1:00 p.m. (begins September 12) Fee: \$74

Gene Hackman was an actor of extraordinary energy, often playing characters whose rage was barely contained just below the surface, sometimes disguised by humor and a twinkle in his eye. As a member of the New Hollywood wave of actors, Hackman had memorable roles in "Bonnie and Clyde" (1967), "The French Connection" (1971, and the first of his two Academy Award-winning performances), "The Conversation" (1974), "Mississippi Burning" (1988), "Unforgiven" (1992, and his second Oscar win), "Crimson Tide" (1995) and "The Quick and the Dead" (1995), among many others. For at least one generation of fans, he will best be remembered as Superman's nemesis, Lex Luthor, in three Superman films released from 1978 to 1987. His decades-spanning career ended in 2004 with "Welcome to Mooseport."



## THE INNER TRUTH: THE FILMS OF DENZEL WASHINGTON

**Arnold Blumberg** 

#### Session II Mondays, 1:00 p.m. (begins October 13) Fee: \$74

With an intensity and dedication reminiscent of Sidney Poitier and Gene Hackman (who shared the screen with Washington in 1995's "Crimson Tide"), the riveting and versatile Denzel Washington is one of the most accomplished actors of his generation. He drew early attention on the television series "St. Elsewhere" (1982–1988) and in war films like "A Soldier's Story" (1984) and "Glory" (1989), for which he won an Academy Award. Winning another Oscar for "Training Day" (2001), Washington has also mesmerized audiences in films like "Cry Freedom" (1987), "Malcolm X" (1992) and the "Equalizer" trilogy (2014–2023). He began directing with "Antwone Fisher" (2002) and, as a producer, he helped to adapt some of playwright August Wilson's works to film while winning a Tony for his role in the 2010 Broadway revival of Wilson's "Fences."

Arnold T. Blumberg is a pop culture historian and professor of multiple courses in media literacy and other cultural topics. He has taught at UMBC, the University of Baltimore, CCBC, and Osher at Towson University. He spent 15 years in the comic book industry as writer and editor of "The Overstreet Comic Book Price Guide," curated a pop culture museum for five years, and currently runs his own publishing company, ATB Publishing.



**ACTIVIST ACTOR: THE FILMS OF JANE FONDA** 

Arnold Blumberg

#### **Session II** Fridays, 1:00 p.m. (begins October 17) Fee: \$74

The daughter of a Hollywood icon, Jane Fonda guickly established her own identity and fame as a rising star in the 1960s, becoming one of the most dynamic and successful actresses of the 20th century. She also courted her share of controversy with her activism, later funding her crusade for a variety of social and political causes via a series of incredibly popular workout videotapes. From the wild west in "Cat Ballou" (1965) and outer space in "Barbarella" (1968) to the halls of corporate America in "9 to 5" (1980) and a friendship forged later in life in "Grace and Frankie" (2015-2022), Fonda has come a long way indeed. She also garnered multiple Academy Award nominations, including two wins for "Klute" (1971) and "Coming Home" (1978).

Arnold T. Blumberg is a pop culture historian and professor of multiple courses in media literacy and other cultural topics. He has taught at UMBC, the University of Baltimore, CCBC and Osher at Towson University. He spent 15 years in the comic book industry as writer and editor of "The Overstreet Comic Book Price Guide," curated a pop culture museum for five years and currently runs his own publishing company, ATB Publishing.



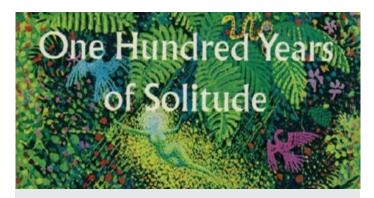
THE WORLD ACCORDING TO WOODY ALLEN

William Florman

#### Sessions I and II Thursdays, 1:00-4:00 p.m. (begins September 11) Fee: \$148 (\$74 for each session)

Over the span of more than 50 years and 50 films. Woody Allen has created a body of work distinguished by its brilliant wit and intelligence, as well as his unique visual style. In this course, we will screen eight films: "Annie Hall," "Hannah and Her Sisters," "Husbands and Wives," "The Purple Rose of Cairo," "Midnight in Paris," "Blue Jasmine," "Crimes and Misdemeanors" and "Match Point." Through these films, we will examine three dominant themes: relationships between men and women, fantasy versus reality and crime and punishment. In short, we will confront the central questions about the possibility of morality, the value of love, and the role of art in these seriocomic films.

William Florman, M.A., J.D., has taught courses in literature and writing at Boston College, Salem State College, and American University. Later, upon graduation from Georgetown Law School, he practiced labor law in Washington, D.C. and then engaged in various entrepreneurial ventures. For the last eight years, Mr. Florman has enjoyed his return to his first love, which is teaching.



## ONE HUNDRED YEARS OF SOLITUDE: NOVEL AND NETFLIX

John Sinnigen

#### Session I Wednesdays, 1:00 p.m. (begins September 10) Fee: \$74

Published in Spanish in 1967, "One Hundred Years of Solitude" by the Nobel Prize winning author Gabriel García Márquez rapidly became a best-seller and a classic. An outstanding example of literary magical realism, this fictional saga of generations of the Buendia family is both a metaphor of the history of Colombia and, indeed, of Latin America as a whole. The first Netflix series based on the novel is now available. The course will provide an analysis of the novel from a sociohistorical perspective, while the incorporation of the Netflix series will allow for a comparison of literary and visual language. It will also invite comparisons between the lived experiences and perspectives of 1967 and 2025. This course is taught in English.

John Sinnigen is a retired professor of Spanish and intercultural communication at UMBC. He read "One Hundred Years of Solitude" when it was published in 1967, and he taught it in Spanish at least fifteen times during his career. In 2015 he visited the area of Colombia that inspired the Macondo of the novel.



## THE LIFE AND LITERATURE OF F. SCOTT FITZGERALD

Robert Jacobs

#### Sessions I and II Mondays, 2:30 p.m. (begins September 8) Fee: \$148 (\$74 for each session)

This year marks the 100th anniversary of "The Great Gatsby." Genius of American letters, F. Scott Fitzgerald, left an indelible mark on American literature and culture. He was brilliant and tragic in equal measure. Starting with "The Great Gatsby" and moving on to some of his most acclaimed short stories, we will examine Fitzgerald's portrayal of, and profound exploration into, the American dream. We will also delve into Fitzgerald's deep familial roots in Rockville, MD as well as the considerable time he spent in Baltimore and Towson. We will also explore his passionate yet troubled relationship with his muse/wife Zelda Sayre Fitzgerald. We will read and discuss "The Great Gatsby" throughout the first half of the course. We will also cover four of Fitzgerald's greatest short stories. Each class meeting will be a combination of lecture and discussion.

Robert Jacobs is a Towson University graduate with a B.A. in English. He traveled to the United Kingdom where he attained an M.A. in comparative literature from the School of Oriental and African Studies, University of London. He spent several years in London working as a freelance writer and has contributed to a variety of publications such as "Time Out London," The Baltimore Sun's Metromix, and "The Examiner." He is an adjunct instructor at Community College of Baltimore County, Johns Hopkins University and Montgomery College.



**WRITERS OF THE 1920S** 

Jack Burkert

#### Session I Mondays, 1:00 p.m. (begins September 8) Fee: \$74

The decade of the 1920s was a golden era for both the creators and readers of the written word. Here we present the biographies and words of a few of them. Any discussion of the writers in the 1920s would necessarily include the story of those American literary and artistic émigrés of the Lost Generation, followed by a biography of one of its most interesting members, Zelda Fitzgerald. Our subjects also include highlights of the life of Baltimore's own journalist, H.L.Mencken, and a biography of perhaps the wittiest woman of the era, Dorothy Parker. It's a quick-paced introduction to each of these people and to the lost generation group, designed to introduce or perhaps fill in your knowledge of each one.

Jack Burkert is a Baltimore native and a 1969 graduate of the University of Maryland, graduating with honors with a degree in history and education. His working life, some 40+ years, was spent in various educator roles, beginning in the Baltimore City Public School System, then as a staff member at the Pennsylvania State University, through private employers and then until his retirement in his own consulting firm.



#### THE INFANCY NARRATIVES IN MATTHEW'S **AND LUKE'S GOSPELS**

Father Robert Albright

#### Sessions I and II Thursdays, 1:00 p.m. (begins September 11) Fee: \$148 (\$74 for each session)

The birth stories of Jesus found in the New Testament have been the source of wonderment for Bible readers for centuries. They have produced such cultural activities as Christmas and gift-giving. In this eight-week course we will delve into the mystery of these stories and why they have such magnetism on people of every country in the world — and why they have become even more important than Easter for the Christian world.

Rev. Robert E. Albright is a retired Catholic priest of the Archdiocese of Baltimore. He served as the Catholic Campus Minister at Towson University for the 26 years before his retirement in July 2006. Through teaching a scholarly approach to the Bible over the past 50 years, Father Bob has explored greater interfaith issues at the Institute for Islamic, Christian, and Jewish Studies of Baltimore. He has studied twice in Israel at the International Center for Holocaust Studies and has been to Israel over 18 times leading study tours and retreats and doing private research in Biblical sites and studying the Palestinian/Israeli situation. Father Bob is engaged in numerous Catholic/Jewish endeavors including a funded program to educate Jewish and Catholic high school students in each other's tradition.



#### **ETHICS**

**Ed Fotheringill** 

#### **Session I**

#### Wednesdays, 11:00 a.m. (begins September 10)

Fee: \$74

Western philosophy has been primarily concerned with three major fields of interest: metaphysics (theory of reality), epistemology (theory of knowledge) and ethics (theory of goodness in thought, speech and action). This course will concentrate on ethics and the dimensions of moral experience from the perspectives of three distinguished philosophers: the ancient Greek, Aristotle, the 18th century German, Immanual Kant, and the 20th century French existentialist, Simone de Beauvoir. Join us to learn and discuss various ethical theories.

Edward Fotheringill has been teaching philosophy at the college level for 45 years. For many years, he held the position of senior lecturer of philosophy at Towson University and Goucher College. For the last ten years of his career he was adjunct professor of philosophy and intellectual history at the Maryland Institute College of Art.

#### **BIG THANKS**

to all Osher Volunteers who help to make Osher a success.



FIGHTING SLAVERY IN THE UNITED STATES, PART 2

Richard Bell

#### Sessions I and II

NOTE: This course meets for 6 consecutive weeks.

#### Fridays, 11:00 a.m. (begins September 26) Fee: \$74

This lecture series is a sequel to the previous course covering an earlier period. This six-week course offers you the opportunity to meet a large and often unfamiliar cast of characters — both Black and white, enslaved and free — who developed a range of tools and tactics, means and methods to escape enslavement or tried to resist it in the period between the drafting of the United States Constitution in 1787 and 1865, the year that marked the end of the Civil War. Attendance in the previous course is not required.

Richard Bell is professor of history at the University of Maryland and author of the book "Stolen: Five Free Boys Kidnapped into Slavery and their Astonishing Odyssey Home" which was a finalist for the George Washington Prize and the Harriet Tubman Prize. He has held major research fellowships at Yale, Cambridge, and the Library of Congress and received the National Endowment of the Humanities Public Scholar award and the 2021 Andrew Carnegie Fellowship. He serves as a trustee of the Maryland Center for History and Culture and as a fellow of the Royal Historical Society



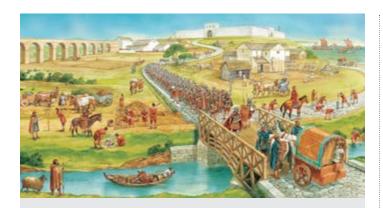
"WHAT SHALL WE DO WITH THE INDIANS?": U.S. **GOVERNMENT POLICY OVER THE CENTURIES** 

Jacqueline Hedberg

#### Sessions I and II Wednesdays, 9:30 a.m. (begins September 10) Fee: \$148 (\$74 for each session)

"What shall we do with the Indians?" is a question that white Americans have been asking ever since they arrived on the North American continent. This course will examine the various answers that leaders of our government have given to that question. George Washington said, "Civilize and Christianize them." Andrew Jackson said. "Remove them." Ulvsses Grant said, "Put them on reservations." Congress at times has said, "Make them landowners and eliminate the reservations." LBJ and Richard Nixon said, "Why not let the Indians determine their future for themselves?" This course is a chronological examination of United States government policy over the centuries and the response of Native Americans to ever-changing federal programs. Our last lesson will examine the conditions under which Indians live in the United States today.

Jacqueline Hedberg taught history in Baltimore County and with the Department of Defense Overseas Dependent Schools in Germany and Japan. Since retiring she has spearheaded the restoration of an historic gravevard on Hoopers Island, where she was born, and written extensively about her birthplace. She has taught Osher classes about slavery on the Eastern Shore. Reconstruction in Maryland, and how the Indians east of the Mississippi lost their land. In 2019, her slavery lessons were published by The History Press under the title "Plantations, Slavery & Freedom on Maryland's Eastern Shore."



THE LEGACY OF ROMAN BRITAIN

**Bob Baer** 

#### Sessions I and II Tuesdays, 11:00 a.m. (begins September 9) Fee: \$148 (\$74 for each session)

The Roman province of Britannia is one of the most fascinating and important periods in British history. Rome first entered Britain in 55 BCE, when Julius Caesar landed his troops. The Romans would rule there until 409 CE when the legions evacuated the island. Over four centuries of control, this unique society would combine classical Roman civilization with that of the native Celtic Britons. During Britain's first era of recorded history, the Romans left a great archaeological record of the cities, towns, forts, villas and roads they built, including their capital London and Hadrian's Wall. The history includes the great Celtic rebel queen Boudicca. Through this course, learn the impact of Roman rule on all aspects of civilization including art, culture, religion and the development of government and administration.

Bob Baer is a college administrator with over forty years of experience in higher education. He has bachelor's and master's degrees in history and a doctorate in higher education. Bob is a history instructor at Community College of Baltimore County, Johns Hopkins University and Towson University Osher programs, York College–CUNY and Norwalk Community College.



**BEER, BREAD AND BROTHELS IN BALTIMORE** 

Jennifer Liles

#### Sessions I and II Thursdays, 9:30 a.m. (begins September 11) No class on 10/16. Makeup on 10/9 Fee: \$148 (\$74 for each session)

Come learn about the history of Baltimore's beer, bread and brothel industries. In this course, you will learn a basic history about Baltimore's immigration story and how immigrant culture contributed to many of the industries that helped Baltimore flourish in the 18th, 19th and 20th centuries. We will discuss the importance of bakeries and bread in Baltimore's food industry. We will learn how an influx of German immigrants helped create Baltimore's brewing industry which was able to withstand prohibition. We will also investigate how the brothel industry helped cure the woes of the Civil War and later created the infamous Baltimore Block. This course views beer, bread and brothels from Baltimore's early days through the 1970s.

Jennifer Liles is a public historian with a degree in public history from Stevenson University. She researches and works on projects related to the history of Baltimore and its people as well as industry, places and events that make Baltimore unique.



THE HISTORY OF AMERICAN WOMEN'S FASHIONS: FROM UNDERWEAR TO OUTERWEAR (PART 2)

Barbara Blumberg Ressin

#### Session I Tuesdays, 1:00 p.m. (begins September 9) Fee: \$74

This course will continue the journey through women's fashion. Attendance in the previous course is not required. We will see how women's fashions evolved throughout the history of the United States. We will witness how economics, religion, mores, practicality, technology and the government have influenced clothing styles. This visually rich course will include vintage photographs along with vintage films to allow students to view firsthand alimpses of the fashions of the day. Learn about the origins of the little black dress, known fondly as "the LBD", women's styles in the 1950s, hats and shoes through the decades, and the rise and fall of furs. We'll learn how society influences clothing and accessories styles, and we will discuss some famous designers who left their imprint on American women's fashion.

Barbara Blumberg Ressin is a graduate of Towson University with a B.S. in education. She taught for three years in the Baltimore City Public School System, 25 years at the Beth Tfiloh Day School in the secular division, and as adjunct faculty member of Community College of Baltimore County at both the Owings Mills and Hunt Valley campuses, adjunct faculty member of Osher Lifelong Learning Institute at Towson University, adjunct faculty member of the Renaissance Academy for the Florida Gulf State University, member of Oasis faculty in Montgomery County under auspices of Johns Hopkins University, taught at Food For Thought Lectures, Kaleidoscope at Roland Park School, lectured for The Lecture Group, Western Howard County Senior Center, Friends of the Pikesville Library, North Oaks Retirement Community and various religious and philanthropic groups around the state.



#### **DOWN THE GARDEN PATH**

Meg Algren

#### **Session II** Thursdays, 11:00 a.m. (begins October 16) Fee: \$74

Blossoms, butterflies and birds — the perfect garden walk. But gardening isn't all a bed of roses, that's for sure. Course topics are geared to appeal to both hands-on gardeners and to those who do not have a garden. In addition to discussing some of the challenges facing gardeners today, the class will explore plants that have traditionally been used to heal and harm, examining their roles in the development of modern medicines. The class will also explore plant folklore, garden stories and mythology and the economic and political impact plants have on the world. No gardening experience necessary.

Meg Algren holds a Ph.D. in communications. She is professor emerita at Towson University where she taught public relations and advertising for 15 years in the Department of Mass Communication. She has been a master gardener, based in Harford County, since 2010, with a special focus on native gardening and conservation methods.



WHAT IS THE MAHA MOVEMENT?

Ann Farrell

#### Sessions I and II Thursdays, 2:30 p.m. (begins September 11) Fee: \$148 (\$74 for each session)

What is MAHA? Similar to MAGA, a familiar acronym, MAHA stands for Make America Healthy Again — a movement aimed to improve our nation's health. MAHA's controversial champion, Robert F. Kennedy Jr., states its purpose is to "dismantle the corporate stranglehold on government agencies that's led to widespread chronic disease, environmental degradation and rampant public distrust."

These goals appeal to many Americans — 82% consider wellness a key priority — uniting them around a single idea. Thus, MAHA's crusade for a healthier country seems to be something we can all get behind. But can you believe the hype? The MAHA movement has prioritized the dismantling of public health agencies, promoting unproven treatments and alternative therapies, disregarding scientific consensus, oversimplifying complex health issues and eliminating crucial aspects of public health. This course will unpack President Trump's pivot into wellness through RFK Jr. We will look at who MAHA is aimed at, who stands to benefit and suffer from it, and report on progress to date.

Ann Farrell, BSN RN, is a career-long patient advocate in roles as direct care provider, hospital and HealthIT vendor executive and a principal of Farrell Associates, a strategic healthcare consulting firm. Ann has been a popular featured speaker in numerous international and national forums and an instructor in prior Osher courses focused on the U.S. healthcare market and medical industrial complex.



## THE IMPACT OF THE GAZA WAR ON THE UNITED STATES

Fred Pincus

#### Session II Mondays, 9:30 a.m. (begins October 13) Fee: \$74

The war between Israel and Palestinians in Gaza, the West Bank and East Jerusalem has had profound impacts in the United States. What role should the U.S. play? Is criticizing Israel and Zionism a form of antisemitism? Do American colleges promote antisemitism? What do public opinion polls say that Americans think about the war? Are there Jewish Anti-Zionists and Christian Zionists? Although the instructor will lecture about these and other issues, there will be ample time for discussion.

Dr. Fred L Pincus is an emeritus professor of sociology at the University of Maryland Baltimore County, where he taught classes on race relations and diversity for 44 years. He has also taught several courses at Osher. Pincus is a founding member of the Baltimore Jewish Cultural Chavurah, although the views he expresses are his own.

#### TECHNOLOGY & WELLNESS



**ARTIFICIAL INTELLIGENCE AND OTHER MODERN TECHNOLOGIES** 

Guillermo Warley

#### Session II Tuesdays, 1:00 p.m. (begins October 14) Fee: \$74

This class covers a variety of technologies that are part of our everyday life and that are rapidly changing and affecting more and more of our interactions online, with businesses, and even socially. The specific topics covered will adapt to this constantly changing and evolving field. Typical discussions include artificial intelligence (AI), as well as wireless communications, alternative sources of energy and more. These technologies are explained in non-technical terms and do not require any type of technical background to understand. When appropriate, ethical or social implications of these technologies will be discussed and examples and interesting cases highlighting the uses of these technologies will be presented.

Guillermo Warley is an electrical engineer with graduate degrees in electronics and signal processing. He has 40 years of experience designing technology products for several industries. Guillermo is a senior life member of the IEEE (Institute for Electrical and Electronics Engineers) and the SSIT (Society for the Social Implications of Technology). He has taught technology subjects at various Osher programs, including Towson University and American University. He has also taught in continuing education programs through Frederick Community College and the Universidad Complutense de Madrid, Spain. He also has teaching experience at both graduate and undergraduate levels in electrical engineering topics.



#### **RECLAIM YOUR HEALTH & VITALITY**

Karen Wright

#### Session II Wednesdays, 1:00 p.m. (begins October 15) Fee: \$74

This course is a comprehensive science-based course designed to provide you with actionable knowledge and tools to enhance your immune system and overall wellness. This course presents the connection between nutrition, lifestyle and immunity, exploring key nutrients and supplements, along with their roles in supporting your health. You'll learn about the impact of gut health, hydration, macronutrients, micronutrients, the impact of lifestyle choices, including movement, stress, sleep, the safety and efficacy of over-the-counter supplements, to empower you to develop a personalized road map to health and wellness, while ensuring that you can make informed dietary choices. The course will conclude by putting it all together with reading nutrition labels, mindful eating and how to easily prepare a weekly meal plan to facilitate achieving your health goals.

Karen Wright is a licensed clinical nutritionist with experience providing nutritional counseling and health coaching to clients with diverse health concerns including diabetes, cardiovascular diseases, obesity, thyroid issues and mental health disorders. She specializes in creating individualized dietary plans and offering holistic nutrition strategies for her clients. Karen is passionate about empowering individuals to lead healthier lives through evidence-based nutrition advice.

#### OSHER LIFELONG LEARNING INSTITUTE

FREQUENTLY ASKED QUESTIONS

## **OSHER FAQs:**

## HOW CAN I GET IN TOUCH WITH OSHER STAFF?

The best way to reach the staff is to email osher@towson.edu. If you are not receiving emails from Osher, please let us know and we can include you on our email distribution list.

## HOW MUCH DOES IT COST TO BE AN OSHER MEMBER?

Membership runs from July 1 through June 30 and is \$60 per person. Courses are open to current members. **Join or renew your membership today.** Your membership not only allows access to courses, it helps to sustain our lifelong learning community.

#### WHAT ELSE DOES OSHER OFFER?

Osher offers a wide variety of book clubs, discussion groups, and special interest groups. Announcements for these happenings are sent via our Osher email list.

#### **HOW LONG ARE OSHER CLASSES?**

Classes typically last for an hour and 15 minutes, unless otherwise stated.



Yes—but keep in mind that if you are signing up for the second session of an 8-week course, you will be missing the material covered in the first four weeks.

#### **HOW DO I REGISTER ONLINE FOR CLASSES?**

Online registration will open on August 5. Please review these instructions (PDF) before registering.



Online Registration is strongly encouraged. If you wish to register by mail and pay with a check, you must also email osher@towson.edu to inform the Osher staff of the classes you wish to take.



#### OSHER LIFELONG LEARNING INSTITUTE FALL 2025 REGISTRATION FORM

New Member Li Renewing Member Li		
Name:	Today's Date:	
Phone:	Email:	

#### To REGISTER ONLINE visit www.towson.edu/OsherRegistration

	TITLE	DAY	TIME	SESSION I	SESSION II	BOTH SESSIO
ARTS,	CULTURE & HUMANITIES					
The Gu	uitar	Tuesday	9:30 a.m.	☐ Session I (\$74)	☐ Session II (\$74)	☐ Both (\$148
The Ro	oots of the Blues	Wednesday	11 a.m.		☐ Session II (\$74)	
ZOOM:	: Best Rock Songs 50s to the 70s	Monday	9:30 a.m.	☐ Session I (\$74)		
ZOOM:	: Best Rock Songs 80s to Today	Friday	2:30 p.m.		☐ Session II (\$74)	
ZOOM:	: From Realism to Abstract Art	Monday	11:15 a.m.	☐ Session I (\$74)	☐ Session II (\$74)	☐ Both (\$148
Great \	Women Photographers	Thursday	11 a.m.	☐ Session I (\$74)		
ZOOM:	: Museum of Lost Art	Friday	9:30 a.m.	☐ Session I (\$74)		
Eight F	Plays	Wednesday	<del>1 p.m.</del>	☐ Session I (\$74)	☐ Session II (\$74)	□ Both (\$148
ZOOM:	: Gene Hackman	Friday	1 p.m.	☐ Session I (\$74)		
ZOOM:	: Denzel Washington	Monday	1 p.m.		☐ Session II (\$74)	
ZOOM:	: Jane Fonda	Friday	1 p.m.		☐ Session II (\$74)	
Woody	/ Allen <b>(3 hour class)</b>	Thursday	1-4 p.m.	☐ Session I (\$74)	☐ Session II (\$74)	☐ Both (\$148
One Hu	undred Years of Solitude	Wednesday	1 p.m.	☐ Session I (\$74)		
ZOOM:	: F. Scott Fitzgerald	Monday	2:30 p.m.	☐ Session I (\$74)	☐ Session II (\$74)	☐ Both (\$148
ZOOM:	: Writers of the 1920s	Monday	1 p.m.	☐ Session I (\$74)	☐ Session II (\$74)	☐ Both (\$148
Infancy	y Narratives	Thursday	1 p.m.	☐ Session I (\$74)	☐ Session II (\$74)	☐ Both (\$148
Ethics		Wednesday	11 a.m.	☐ Session I (\$74)		
HISTOF	RY & SOCIAL SCIENCES					
	: Fighting Slavery : 9/26, 6 week class)	Friday	11 a.m.	☐ Session I (\$74)	☐ Session II (\$74)	☐ Both (\$148
What S	Shall We Do with the Indians?	Wednesday	9:30 a.m.	☐ Session I (\$74)	☐ Session II (\$74)	☐ Both (\$148
The Leg	gacy of Roman Britain	Tuesday	11 a.m.	☐ Session I (\$74)	☐ Session II (\$74)	☐ Both (\$148
History	of Women's Fashions	Tuesday	1 p.m.	☐ Session I (\$74)		
Beer, B	read, and Brothels in Baltimore	Thursday	9:30 a.m.	☐ Session I (\$74)	☐ Session II (\$74)	☐ Both (\$140
Down t	the Garden Path	Thursday	11 a.m.		☐ Session II (\$74)	
What is	s the MAHA Movement?	Thursday	2:30 p.m.	☐ Session I (\$74)	☐ Session II (\$74)	☐ Both (\$148
ZOOM:	: The Impact of the Gaza War	Monday	9:30 a.m.		☐ Session II (\$74)	
TECHN	IOLOGY & WELLNESS					
Artifici	al Intelligence	Tuesday	1 p.m.		☐ Session II (\$74)	
Reclair	n Your Health & Vitality	Wednesday	1 p.m.		☐ Session II (\$74)	

**IMPORTANT:** Members mailing forms and payment MUST email <u>osher@towson.edu</u> to ensure receipt & processing.

## **OSHER LIFELONG LEARNING INSTITUTE**AT TOWSON UNIVERSITY

#### 2025-2026 MEMBERSHIP FORM

The Osher Membership cycle runs July 1, 2025 - June 30, 2026 Osher Membership Fee: \$60 per person

Please complete the form below (one form for **EACH** person) and **send to:** 

Osher Lifelong Learning Institute, Towson University, 401 Washington Ave, 3rd Floor, Towson, MD 21204-0001

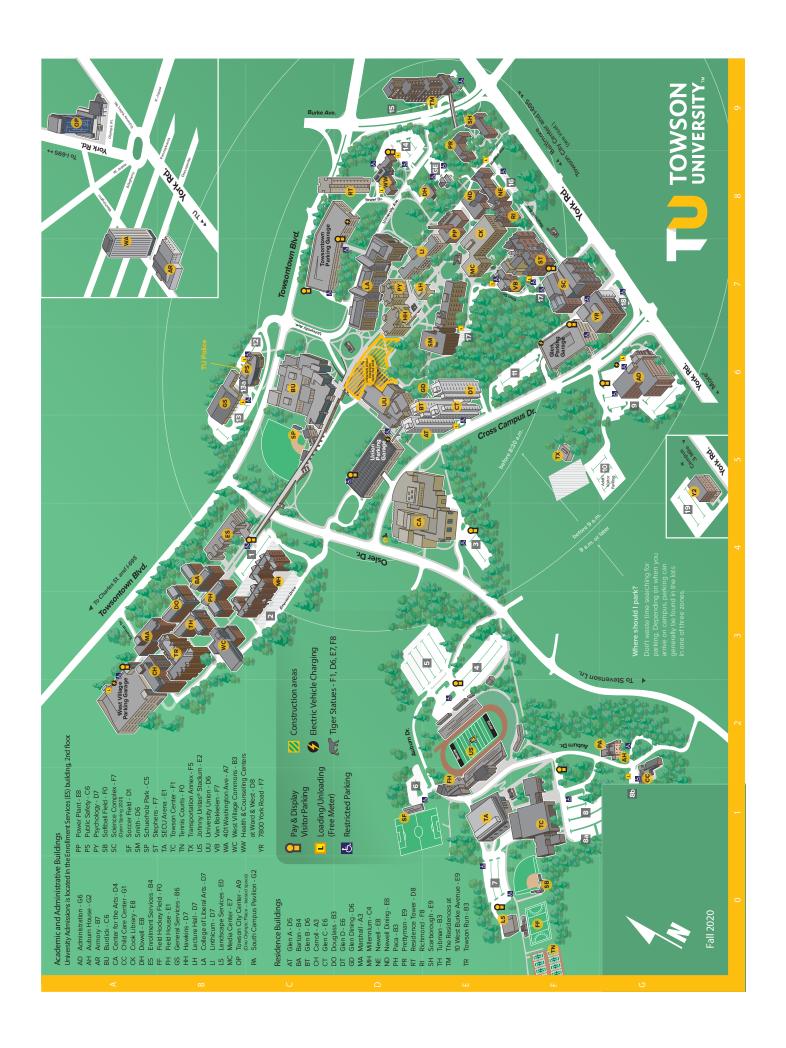
□ Mr. □ Mrs. □ Miss □ Ms. □ Dr. Sex: M	F Today's date
□ New Member □ Renewing Member	
Last Name	First Name
Name you prefer on nametag	
TU alum? □ Yes □ No Date of Birth	
Street Address	
City State	Zip
Home Phone # Cell	Phone #
Email (please print)	
□ Please check box if you <b>DO NOT</b> wish to receive email mes	ssages from Osher.
Emergency Contact Name	Emergency Contact Phone #
Are you retired? □ Yes □ No Former (present) occupa	ition
Would you consider teaching? □ Yes □ No What subje	cts?
How did you learn about Osher?	
□ Friend □ Flyer □ Website □ Baltimore Magazine □ MF	PT Guide ☐ BSO Overture ☐ Towson Times
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FALL	2025	PAY	MEN'	T F	ORM
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