

# Psychology Program Resource Guide *Fall 2025 Semester*

## Overview

This guide serves as an overview of support services for psychology majors at TUNE for the Fall 2025 semester.

## Part 1: Key Academic Contacts

**Chris Magalis**, Program Coordinator for PSYC major at TUNE

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410-704-3196

**Dr. Kerri Goodwin**, Department Chair

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## Part 2: Psychology Major at TUNE

[PSYC Major Overview at TUNE](#)

[Academic Resources at TUNE](#)

## Part 3: Tips for Success in This Major

- **Master research methods & statistics.** These are the backbone of psychology. Understand how to read and conduct studies, and get comfortable using tools like SPSS or R.
- **Stay organized and keep up with readings.** Psychology is reading-heavy. Use a planner, break down assignments, and review notes regularly to avoid falling behind.
- **Develop strong writing skills (and learn APA Style early).** You'll write a lot of essays and research papers. Clear writing and correct APA formatting are essential for good grades.
- **Get involved in research, internships, and/or clubs.** Join a lab, volunteer in the community, or find internships. Real-world experience makes coursework more meaningful and helps with career/grad school prep.
- **Connect with professors and peers.** Build relationships. Professors can offer mentorship and recommendation letters; peers can help with studying and project work.
- **Take care of your mental health.** The subject matter can be intense. Practice self-awareness, set boundaries, and use campus resources if needed. You can't pour from an empty cup.

## Part 4: Academic Support Resources

### Tutoring Services

The [Tutoring and Learning Center](#) on main campus offers *free, virtual* tutoring services. A common course for which students seek out tutoring is [PSYC212 Behavioral Statistics](#). The TLC offers both drop-in tutoring and appointment-based options for this course. All tutoring appointments can be made online at the above web links.

### Workshops & Academic Coaching

[Academic coaching](#) is a one-on-one student interaction with a Tutoring & Learning Center coach. These sessions can be done *virtually* and address a variety of topics including study tips & skills, organization, time management, and transfer student needs.

Prefer support in a group setting? Academic success [workshops](#) are offered throughout the academic year with the Tutoring & Learning Center. The schedule for workshops can be found on the TLC website as well as on their [social media page](#).

### Writing & Communication Support

The TUNE Peer Writing Tutor, Brinn Piccicuto, has weekly office hours for the fall semester on **Mondays & Wednesdays from 10am-1pm in Room 212**. Brinn can assist students at any stage of the writing process (brainstorming, writing introductions, grammar, APA format, organization, sentence structure, etc.). If you are unavailable to meet during her office hours, contact Brinn at [bpiccic2@students.towson.edu](mailto:bpiccic2@students.towson.edu) to schedule a meeting at another time or to get support asynchronously via email.

The [Writing Center](#) on main campus is also an optional resource and they offer virtual meeting times.

The [Public Communication Center](#) (PCC) provides speech advice to improve public speaking skills to prepare for in-class presentations. Brinn is also available to provide this service for TUNE students.

### Tech & Tools

The [Client Services Computer Lab](#) at TUNE is available to students for walk-in computer access and on-site support to answer general technology questions and access to digital media software. [TechHelp](#) is a great resource for any tech-related questions, Blackboard concerns, etc.

Taking online classes? Check out these [student resources for remote learning](#).

### Course Registration

Registering for TUNE courses is a unique process compared to registering for classes offered on the main campus. TUNE courses are added to a student's cart using a four-digit class code, rather than utilizing the class search function. The course schedules for each semester can be found on our [website](#).

Students can also utilize our [step-by-step guide](#) on how to register for classes located on the same webpage as above. This guide includes a [video](#) that shows the process visually.

## Part 5: TU Department Resources & Information

### Library & Research

Cook Library offers research & resource guides for each major. The [psychology major guide](#) offers access to articles, tests and measures, psychology research, APA style, and more. This guide has information on properly citing sources for an academic paper, specific psychology publications to pay attention to, and topic-specific guides.

#### Contact Information for Cook Library's Psychology Librarian:

**Miranda Phair**

[mphair@towson.edu](mailto:mphair@towson.edu)

410-704-3389

Students can also check out books at [Cook Library](#) and have them sent to TUNE for pickup. Simply change the *pickup location* to **TU Northeastern** during the checkout process. You will receive an email from Lauren Zelina, TUNE's Administrative Assistant, to pick up your book from the front desk when it arrives. **Questions about checking out books?** Contact **Kevin Fry** at [kfry@towson.edu](mailto:kfry@towson.edu).

### Career Center

TU's [Career Center](#) offers a variety of information to support students preparing for a career in the psychology field. The website has specific information about finding an internship, job, sample resumes, and/or preparing for interviews.

#### Contact information:

**Kevin Lasko**, Assistant Director, Liberal Arts Education

[klasko@towson.edu](mailto:klasko@towson.edu)

410-704-4069

Rosemary Riel, Associate Director of the Career Center, will be at TUNE **monthly** this fall to offer in-person support and a Lunch & Learn session. Students can meet with Rosemary for assistance finding an internship, resume or cover letter support, applying for jobs or graduate school, or general career guidance. ***When here, Rosemary will have a table in the Learning Commons for drop-in support. You can also email her to set up an appointment in advance at [rriel@towson.edu](mailto:rriel@towson.edu).***

Career Center visits will be from **10:30am-2:30pm** on the following **Thursdays**:

**September 18<sup>th</sup>, October 16<sup>th</sup>, November 20<sup>th</sup>**

- On each of these dates, we are offering a **FREE Lunch & Learn session in Room 112 from 12:30pm-1:30pm**
- Each Lunch & Learn will focus on a different topic:
  - *September-Resume writing*
  - *October-Applying to graduate school*
  - *November-Job search strategies*

[Harford County Public Library](#) offers lots of free career resources on their website including job search tools, local job openings and more. They also have a [school support resource hub](#) that offers access to resources on building new skills, learning a language, test prep resources, and more.

## [Mental Health Support](#)

All TU students have access to free, virtual counseling services through the [Counseling Center](#). Appointments can be made online or over the phone and are made for the same day that the student is seeking support.

[Togetherall](#) is a free, 24/7 communication platform for students to have conversations with their peers anonymously about topics related to mental health. Togetherall offers tools and courses to help students find creative strategies for taking care of themselves.

[Welltrack Boost](#) is a mental health self-help app that helps students take inventory of their own wellbeing. The app is free and offers courses, trackers, schedulers, quizzes, and more.

## [Academic & Disability Support Services](#)

[Accessibility and Disability Support Services](#) collaborates with students, faculty, and staff to ensure equal opportunities and accessibility for students in the classroom. For students interested in getting set up with accommodations, please review the [Getting Started](#) guide. For assistance with this process, contact Allison Frey, the Director of Student Services at TUNE, at [afrey@towson.edu](mailto:afrey@towson.edu).

## [Emergency Resources](#)

For students who need support navigating a significant life challenge, reach out to [Student Outreach and Support \(SOS\)](#). SOS helps with academic issues, financial concerns, emergency health issues, mental health crises, and more. You can submit a form to SOS for yourself or for a friend.