

Nursing Program Resource Guide *Fall 2025 Semester*

Overview

This guide serves as an overview of support services for Nursing majors at TUNE for the Fall 2025 semester.

Part 1: Key Academic Contacts

Lisa Shue, Academic Program Manager and TUNE Nursing Program Coordinator lshue@towson.edu 410-704-4384

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410-704-2654

Part 2: Nursing Major at TUNE

Nursing Major Overview at TUNE
Academic Resources at TUNE

Part 3: Tips for Success in This Major

- Stay on top of reading and class materials. Nursing programs move fast don't fall behind on textbook readings, lectures, and assigned videos. Summarize content in your own words to improve retention and prepare for NCLEX-style questions.
- Master time management. Use planners, calendars, or digital apps to balance classes, clinicals, labs, and study time. Schedule weekly reviews and daily mini-sessions rather than cramming before exams.
- Focus on understanding, not memorizing. Learn how and why things happen (e.g., pathophysiology) to apply concepts in clinical scenarios. Practice applying knowledge with case studies and practice questions.
- **Practice NCLEX-style questions early.** Use resources like UWorld, ATI, or Saunders regularly to get familiar with the NCLEX format. Focus on developing clinical judgment and critical thinking skills, not just facts.
- Make use of study groups and peer support. Collaborate with classmates to reinforce material, clarify confusing topics, and stay motivated. Teaching others is one of the best ways to learn.
- Take care of your mental and physical health. Nursing school is intense get enough sleep, eat well, and take mental breaks. Don't hesitate to seek support from advisors, counselors, or peer mentors if you feel overwhelmed.

Part 4: Academic Support Resources

Tutoring Services

The <u>Tutoring and Learning Center</u> on main campus offers *free, virtual* tutoring services. The nursing department also offers specific resources to help students achieve success. The <u>Student Success</u> <u>Coordinator</u> is available to meet with nursing students to discuss academic needs, study skills, and supplemental instruction. You can meet with the SSC virtually as a TUNE student.

Contact Information for Student Success Coordinator: Patrick Pyott

ppyott@towson.edu 410-704-4299

Students may also find it helpful to review the <u>Degree Completion Student Handbook</u> that outlines specific information for student success in the major.

Workshops & Academic Coaching

<u>Academic coaching</u> is a one-on-one student interaction with a Tutoring & Learning Center coach. These sessions can be done *virtually* and address a variety of topics including study tips & skills, organization, time management, and transfer student needs.

Prefer support in a group setting? Academic success <u>workshops</u> are offered throughout the academic year with the Tutoring & Learning Center. The schedule for workshops can be found on the TLC website as well as on their <u>social media page</u>.

Writing & Communication Support

The TUNE Peer Writing Tutor, Brinn Piccicuto, has weekly office hours for the fall semester on **Mondays** & **Wednesdays from 10am-1pm in Room 212**. Brinn can assist students at any stage of the writing process (brainstorming, writing introductions, grammar, APA format, organization, sentence structure, etc.). If you are unavailable to meet during her office hours, contact Brinn at bpiccic2@students.towson.edu to schedule a meeting at another time or to get support asynchronously via email.

The Writing Center on main campus is also an optional resource and they offer virtual meeting times.

The <u>Public Communication Center</u> (PCC) provides speech advice to improve public speaking skills to prepare for in-class presentations. Brinn is also available to provide this service for TUNE students.

Tech & Tools

The <u>Client Services Computer Lab</u> at TUNE is available to students for walk-in computer access and onsite support to answer general technology questions and access to digital media software. <u>TechHelp</u> is a great resource for any tech-related questions, Blackboard concerns, etc.

Taking online classes? Check out these student resources for remote learning.

Course Registration

Registering for TUNE courses is a unique process compared to registering for classes offered on the main campus. TUNE courses are added to a student's cart using a four-digit class code, rather than utilizing the class search function. The course schedules for each semester can be found on our website.

Students can also utilize our <u>step-by-step guide</u> on how to register for classes located on the same webpage as above. This guide includes a <u>video</u> that shows the process visually.

Part 5: TU Department Resources & Information

Library & Research

Cook Library offers research & resource guides for each major. The <u>nursing guide</u> offers access to research articles and databases, clinical skills info, videos, health statistics, resources for searching for evidence and more. This guide also has information on properly citing sources for an academic paper.

The Health Sciences Librarian position at Cook Library is currently vacant. For specific questions, utilize the "Chat with a Librarian" feature at the bottom of the Cook Library webpage.

Students can also check out books at <u>Cook Library</u> and have them sent to TUNE for pickup. Simply change the *pickup location* to **TU Northeastern** during the checkout process. You will receive an email from Lauren Zelina, TUNE's Administrative Assistant, to pick up your book from the front desk when it arrives. *Questions about checking out books?* Contact **Kevin Fry** at <u>kfry@towson.edu</u>.

In the TUNE library in Suite 202, students also have access to study and prep materials for taking the NCLEX as well as some course textbooks for the nursing major. Feel free to come sign out these materials to use at your own convenience throughout the semester.

Career Center

TU's <u>Career Center</u> offers a variety of information to support students preparing for a career in the nursing field. The website has specific information about finding an internship or research opportunities, job search information, and/or preparing for interviews.

Contact information:

Sara Harrison, Assistant Director Health & Wellness Career Education sharrison@towson.edu 410-704-5087

Rosemary Riel, Associate Director of the Career Center, will be at TUNE **monthly** this fall to offer inperson support and a Lunch & Learn session. Students can meet with Rosemary for assistance finding an internship, resume or cover letter support, applying for jobs or graduate school, or general career guidance. When here, Rosemary will have a table in the Learning Commons for drop-in support. You can also email her to set up an appointment in advance at rriel@towson.edu.

Career Center visits will be from ${\bf 10:30am-2:30pm}$ on the following ${\it Thursdays}$:

September 18th, October 16th, November 20th

- On each of these dates, we are offering a FREE Lunch & Learn session in Room 112 from 12:30pm-1:30pm
- Each Lunch & Learn will focus on a different topic:
 - September-Resume writing
 - October-Applying to graduate school
 - November-Job search strategies

<u>Harford County Public Library</u> offers lots of free career resources on their website including job search tools, local job openings and more. They also have a <u>school support resource hub</u> that offers access to resources on building new skills, learning a language, test prep resources, and more.

Mental Health Support

All TU students have access to free, virtual counseling services through the <u>Counseling Center</u>. Appointments can be made online or over the phone and are made for the same day that the student is seeking support.

<u>Togetherall</u> is a free, 24/7 communication platform for students to have conversations with their peers anonymously about topics related to mental health. Togetherall offers tools and courses to help students find creative strategies for taking care of themselves.

<u>Welltrack Boost</u> is a mental health self-help app that helps students take inventory of their own wellbeing. The app is free and offers courses, trackers, schedulers, quizzes, and more.

Academic & Disability Support Services

<u>Accessibility and Disability Support Services</u> collaborates with students, faculty, and staff to ensure equal opportunities and accessibility for students in the classroom. For students interested in getting set up with accommodations, please review the <u>Getting Started</u> guide. For assistance with this process, contact Allison Frey, the Director of Student Services at TUNE, at <u>afrey@towson.edu</u>.

Emergency Resources

For students who need support navigating a significant life challenge, reach out to <u>Student Outreach and Support (SOS)</u>. SOS helps with academic issues, financial concerns, emergency health issues, mental health crises, and more. You can submit a form to SOS for yourself or for a friend.